



THE BLAZE

Working Learning Acting TOGETHER



Dear Parents

One of the most precious features of our school and community is the special partnership that our faculty and support staff share with parents, and there is nothing that pleases me more than seeing large gatherings of parents here on campus, whether it be for a picnic, a presentation, an assembly, teacher meetings, watching our students participate in sporting activities, UN Day, or just hanging out in the PFO Community Room and garden. So, if you haven't been on campus recently, please be sure to come in and see us!

Of course, one of the most important times that we get to see all of our parents is for our first and third quarter **parent-teacher conferences**, when you get an opportunity to sit down with your children's teachers (and children) to learn about their school experience and to identify achievements and areas for future growth and development. **It was terrific to see so many parents in school on Wednesday and Thursday afternoons this week for the conferences;** I do hope that you found these to be informative and that you have a better understanding of our school programmes and of your child's unique place within them. Please remember that our doors are always open, so if you have further questions or concerns, you just need to contact us to arrange a time to come in again and talk. I also want to take a moment to congratulate your children; we are very proud of them all!

Another one of the special times that we get to see our parent community en masse is our annual **UN International Day celebration**, with this year's celebration, held this morning, another wonderful example of our community working, learning and acting TOGETHER. This year's theme was **'Action NOW - no more waiting for the future we want!'** and we were very fortunate to be able to welcome the father of one of our teachers, Ms. Ahmed, to our international concert. Ambassador Ahmed is the former Bangladesh Ambassador to China and he spoke to our community about the UN and about our shared responsibility to work together to make the world a better place. Our international day started with a Parade of Nations and concluded with an amazing international lunch provided by our wonderful parents – thank you! We were also treated to a terrific concert, and I want to thank all the student, staff and parent performers for putting on such a wonderful show for our community to enjoy.

While on the topic of making the world a better place, I am delighted to share some exciting news that relates directly to last week's item about an IST student article published in the East Asia Regional Council of Overseas Schools (EARCOS) magazine ([EARCOS ET Journal – Fall 2026](#)) about sustainability and their project to fund-raise to have solar panels installed on our new gymnasium.

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The exciting news is that this morning we received notification that our new athletics center has officially achieved **LEED Gold Certification** from the U.S. Green Building Council (USGBC). This is a significant milestone for our school and a testament to our community's philosophical commitment to sustainability and making the world a better place. Thank you for your partnership throughout this process; this achievement would not have been possible without the generous support of our parent community. Going further, I am pleased to share the Board of Governors' decision to work towards retroactively achieving LEED certification for our two older building (Han and Qin)!



Finally, although the weather is cooling off, we are not yet running our heating system to full capacity, so please ensure that your children bring something warm to wear just in case they get cold!

All the best for a relaxing weekend!

Steve Moody
Director





INTERNATIONAL
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Weekly

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IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

A Wonderful Visit with Ben Rothery

We were delighted to welcome author and illustrator Ben Rothery to IST this week. Students enjoyed hearing about his work, exploring the natural world through his illustrations, and taking part in engaging workshops and presentations. A huge thank you to Ben for spending two fantastic days with our students!



Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30



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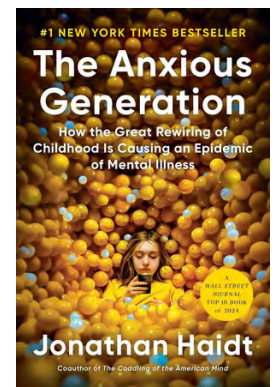


Parent Book Club: Oct. 29th

Our next book selection is the nonfiction title ***The Anxious Generation*** by Jonathan Haidt. We will meet to discuss the book on Thursday, October 29th at 8:30 am in the library. The library has copies of the book in English, Chinese, and Korean. A digital copy in English is also available upon request.

Please join us for coffee, treats, and lively discussion—even if you didn't have a chance to read the book! Ask our library staff how to join our WeChat group, where we share information about the book club.

Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30





Monday 12 October 2026

Dear All,

What a beautiful day, and what a turnout we had last Friday during the ISCT Elementary Football Tournament here at IST! It was a fantastic community event, with over 200 students taking part in the games. Everyone had a great time.

A special thank you to the Student Engagement Team (Paul, Noah, Ian, Bennoi, and Pascal) for their help with refereeing throughout the tournament. Your support was greatly appreciated.

In elementary school sports, participation, enjoyment, and sportsmanship are far more important than winning. That is one of the reasons we do not award prizes. If we were to hand out prizes, they would go to every player, coach, and parent for being friendly, nurturing, and dedicated to creating an amazing experience for everyone.

The true Dragon Spirit was on full display from all participants and guests. Thank you for making the day such a memorable success!

THANK YOU COACHES FOR MAKING ALL THIS POSSIBLE.





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This Saturday our HS Boys and HS Girls Volleyball team will play here at IST. Come and support our teams. Gym doors will open at 8:45. In both gyms there will be games as TEDA, TIS, Wellington and IST will compete to become the ISCOT HS Volleyball champion. If you can't make it. Don't worry you can still enjoy the action by using our live stream

LIVE STREAM

What an exciting week for our High School Volleyball program as the ACAMIS team selections were announced!

Please join us in congratulating the following students on their selection to represent IST at the ACAMIS Volleyball Tournament in Hong Kong (October 28–31 at HKA). This is a tremendous achievement and a testament to their hard work, dedication, and commitment throughout the season.

We are incredibly proud of their accomplishment and wish them the very best as they prepare to compete against some of the top schools in the region. Go Dragons! Boys



Boys	Girls
Ivan	Sisi Zhao
Paul	Belize
Jun Seo	Nora
Yuntse	Nana
Bennoi	Crystal
Zesheng	Zoe
Chi	Hanano
Noah	Vanessa
Hao Yang	Karin
Felix	Tung He Wang
Nathan	Alice
Pascal	Miranda



D – Dedication R – Respect A – Achievement G - Growth O –
Openness N – Nurturing S – Spirit



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PFO Cooking Club

Food theme : Japanese cooking class

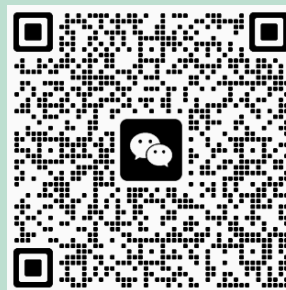
Menu :

1. Teriyaki chicken
2. Onigiri (Tuna mayo, Spam&egg)
3. Pork miso soup
4. Matcha mousse



- When : Wednesday, October 21st, 9am-2pm
- Where : IST Elementary Kitchen
- Host : Yumi
- Cost : 100 RMB per person

- Please join the WeChat group by scanning this QR code





Love & Protection Safety is Always by Your Side

Make knowledge
for safer
tomorrow

A Practical Talk on Protecting Your Child's
Health, Safety and Well-being



Date **October 29** (Thursday)

Translation
glasses provided



Time **10:00 AM – 11:30 AM**



Venue **HAN Teacher Center**

Host: Tianjin
Children's Hospital

What You'll Learn

- Common health and safety risks children may face
- How to prevent and respond to emergencies
- Practical tips for everyday protection at home, school and in the community
- Hands-on practice: CPR & Heimlich maneuver for choking prevention



Because their safety
matters!



Scan the QR code
to join us



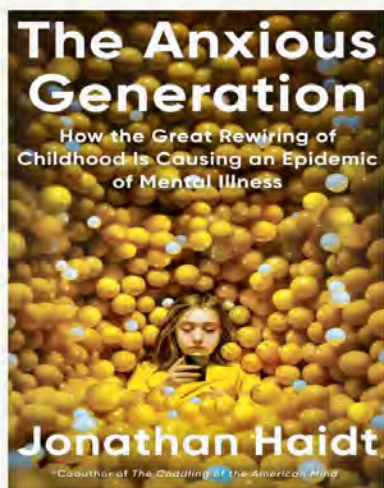
Welcome to IST Parent Book Club



Come along to our monthly meet up to discuss books and enjoy coffee & treats!

This month's book is *The Anxious Generation*. The library has copies in English, Chinese and Korean. A digital copy in English is also available upon request.

Our next meeting is October 29th at 8.30am in the Library.



Please scan the QR code to join!





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IST PFO Parent Activities 2026-2027



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Yoga</i> 08:15 - 09:15 Start Date: 09/02	<i>German Class</i> 09:00 - 10:30 Start Date: 09/01	<i>Yoga</i> 08:15 - 09:15	<i>Zumba Main Class</i> 09:00 - 09:50 Start date: 09/03	<i>Zumba Breakdown Class</i> 09:00 - 10:00
<i>English Corner</i> 09:30 - 11:30 Start Date: 09/07	<i>IST Baby Dragon Playgroup</i> 09:00 - 11:00 Start Date: 09/15			<i>Chinese Corner</i> 09:00 - 10:30 Start Date: 09/11
<i>Korean Class</i> 13:30 - 14:30 Start Date: 09/07	<i>Japanese Class</i> 13:30 - 14:30 Start Date: 09/08			<i>IST Parents' Choir</i> 11:30 - 12:30 Start Date: 08/28

- The PFO offers a variety of fun activities and classes for parents at IST! Whether you want to stay active, explore a new language, or simply connect with other parents, there is something for everyone. Come join us and enjoy some time together!
- Please check the poster for each class for more information and sign-up. We hope to see you there!





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IST PFO

YOGA CLASS

With: **Vicky**

Class schedules:

Mon. 8:15-9:15 am

Wed. 8:15-9:15 am

RMB 80/person



**REGISTER NOW!
SCAN THE CODE
TO JOIN!**



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1ST PFO

ENGLISH CORNER

Conversation with native English
speaking teachers to build confidence,
friendship and community.

The more you practice
the better you get.

Join Our English Corner to practice and
boost your English Skills in a welcoming,
casual, community setting !

Starting Date: 2026/09/07(Monday)

Time: 9:30 - 11:30 am

Location: 1ST Elementary meeting room





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IST PFO

let's

Join us!

LEARN KOREAN

안녕하세요

Hello

감사합니다

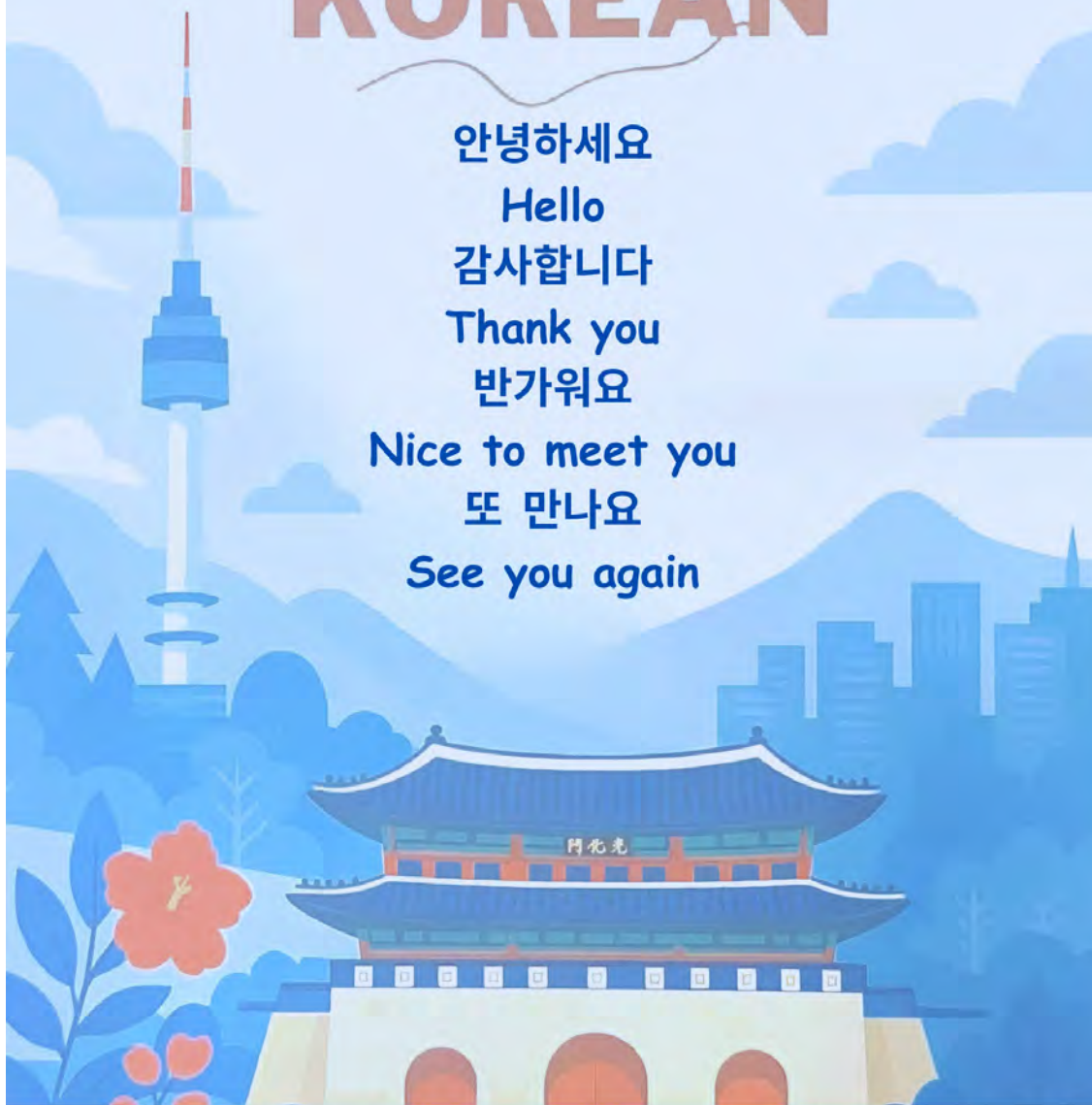
Thank you

반가워요

Nice to meet you

또 만나요

See you again



Class time: Monday 1:30 - 2:30 PM

Class fee: RMB40/person

Class starts on 7th September

Scan the code to join!





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IST PFO

LEARN

GERMAN

*Take your German
to the next level!*

GERMAN CLASS
FOR INTERMEDIATE LEARNERS

A2 / B1



STARTS
1 SEPTEMBER



TUESDAYS
9:00 – 10:30



ELEMENTARY
MEETING ROOM

RMB 50 per person.
Scan the code to join.





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Welcome to the IST Baby Dragons Playgroup



Come along and meet other parents, enjoy free play and music time with snacks and outside play!

Friends and their children from outside IST are invited too - must be a foreign passport holder.



Every Tuesday, 9:00 - 11:00 AM.
It will be held in the Nursery room.
Starting from 15th September.





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IST PFO

NEW Sessions available
starting on 3rd September!



Zumba Main: Thursday, 9:00-9:50 am
Zumba Breakdown: Friday, 9:00-10:00 am
RMB 50 per person (Minimum 4 to start the class)

Scan the code to join and Dance with Summer!





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IST PFO

CHINESE
CORNER



走近汉语 自在交流 乐在中国

Discover Chinese, Enjoy China

Starting date: 11th September
Every Friday 09:00 - 10:30am
Scan the code to join in!





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JAPANESE CLASS

JOIN OUR CLASS AND
IMMERSE YOURSELF IN THE
CULTURE AND CHARM OF
JAPAN

IST PFO

CLASS SCHEDULE:

Tuesday

1:30 - 2:30 PM



BASIC GRAMMAR



CULTURAL INFO



SIMPLE VOCABULARY

RMB 40 PER PERSON
Scan the code to join
Classes starts on 8th September





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PFO
game club

Come relax, have fun, and socialize!

Card games

Board games

Table games

SCAN TO JOIN!



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Love to sing?

Join our new
IST Parents'
Choir!

Whethre you have choir
experience or simply enjoy
singing, everyone is welcome!

Let's sing, have fun,
and make beautiful
music together!

Interested?
Scan the QR code
and join our group!





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Community-wide Goal:

In a world shaped by rapid technological change, including the continued rise of social media and AI, as well as growing geopolitical tensions and a lack of empathy for the needs of others, at IST, our community shares collective commitment to nurture internationally minded learners who embody the IB learner profile disposition of **Thinker**.

Within our school and host city of Tianjin, we will ask thoughtful questions, evaluate information critically and ethically, and use reasoned evidence to understand complex challenges and choose actions that reduce harm. Together, we will think deeply about others' perspectives and work to help make our world a better place.





Weekly Menu (N-G2) 19-23 Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Banana Bread Fruit Cut	Cheese Sandwich Fruit Cut
Kimchap 韩式饭卷 Japchae 韩式炒杂菜 <i>Allergy: seaweed, sesame, egg</i>	Pork Dumplings 猪肉水饺 Stir fry Vegetable 炒时蔬 <i>Allergy: wheat</i>	Beef Lasagna 牛肉千层面 Stir fry Vegetable 炒时蔬 <i>Allergy: milk, wheat</i>	Beef Curry 咖喱牛肉 Stir Fried Vegetables 炒青菜 <i>Allergy: wheat, egg</i>	Orleans-Style Chicken Pizza 奥尔良鸡肉披萨 Vegetable Sticks 蔬菜条 <i>Allergy: wheat, cheese</i>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 每周营养分析	Energy 热量 (Kcal) 725	Protein 蛋白质 (g) 28	Carbohydrate 碳水 (g) 119	Fat 脂肪 (g) 23

26-30 Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Cookies Fruit Cut	Banana Bread Fruit Cut	Carrot Cake Fruit Cut	Ham Sandwich Fruit Cut
Spaghetti with Tomato Sauce 番茄意面 Stir fry Vegetables 炒时蔬 Boiled Egg 煮鸡蛋 <i>Allergy: wheat, cheese, egg</i>	Steamed Pork Dumplings 小笼包 Stir fry Vegetable 炒时蔬 <i>Allergy: wheat</i>	Grilled Chicken in Pita Bread 烧饼夹鸡肉 Stir fry Shredded Potatoes 清炒土豆丝 <i>Allergy: wheat</i>	Beef Burger 牛肉汉堡 French Fries 薯条 <i>Allergy: wheat</i>	Chicken Teriyaki 照烧鸡排 Stir fry Vegetable 炒蔬菜 <i>Allergy: wheat</i>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 每周营养分析	Energy 热量 (Kcal) 722	Protein 蛋白质 (g) 30	Carbohydrate 碳水 (g) 112	Fat 脂肪 (g) 25

Weekly Menu (G3-G12) 19-23 Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Chole with Chickpeas and Tomatoes 鹰嘴豆咖喱 Mixed Vegetable Curry 咖喱蔬菜 <i>Allergy: chickpea</i>	Pork Balls Stewed in Tomato Sauce 番茄猪肉丸 Stir fry Vegetable 炒蔬菜 Mashed Potatoes 土豆泥 <i>Allergy: milk</i>	Beef Lasagna 牛肉千层面 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 <i>Allergy: milk, wheat</i>	Fish and Chips 鱼条薯条 Baked Vegetable 烤蔬菜 <i>Allergy: fish, wheat</i>	Orleans-Style Chicken Pizza 奥尔良鸡肉披萨 Stir fry Vegetable 炒蔬菜 Sweet Potatoes Sticks 红薯条 <i>Allergy: wheat, cheese</i>
Kimchap 韩式饭卷 Japchae 韩式炒杂菜 <i>Allergy: egg, seaweed</i>	Deep Fried Chicken Leg 香酥鸡腿 Steamed Chinese Cabbage 蒜蓉娃娃菜 Winter-Melon Stewed 烩冬瓜 <i>Allergy: wheat</i>	Indonesia Fried Rice with Chicken Drumette 印尼炒米饭配翅根 Stir fry Vegetables 炒时蔬 Shrimp Cracker 虾片 <i>Allergy: seafood</i>	Curry Beef 椰奶咖喱肉酱 Stir fry Vegetables 炒时蔬 Steamed Rice 米饭 <i>Allergy: coconut milk</i>	Pork Stewed with Pickled Chinese Cabbage 酸菜白肉 Stir fry Potatoes with Green Pepper 青椒土豆片 <i>Allergy: chili</i>
Fried Noodles with Cabbage 中式炒面 Stir Fried Dried Tofu 辣炒香干 Fried Eggs 煎鸡蛋 <i>Allergy: wheat, tofu egg (served on the side)</i>	Rice Noodles / Rice with Fish in Pickled Mustard Greens Soup 酸菜鱼粉/饭 Green Vegetables 煮蔬菜 <i>Allergy: fish</i>	Udon Noodles with Tomato and Pork Sauce 番茄肉酱乌冬面 boiled Vegetable 煮蔬菜 <i>Allergy: wheat</i>	Penne with Bacon and Cream Sauce 奶油芝士培根烩管面 Stir fry Vegetable 炒蔬菜 <i>Allergy: wheat, cream, mushroom</i>	Noodles with Beef Broth 牛肉板面 Boiled Vegetable 煮蔬菜 <i>Allergy: wheat</i>
	Indonesia Fried Rice with Vegetables 蔬菜炒饭 <i>Allergy: soy sauce</i>	Udon Noodles with Tomato Sauce 番茄乌冬面 <i>Allergy: soy sauce</i>	Penne with Cream and Mushroom Sauce 奶油蘑菇面 <i>Allergy: wheat, cream, mushroom</i>	Noodles with Tomato Soup 番茄汤面 <i>Allergy: wheat</i>
Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Millet Congee 小米粥	Vegetable and Egg Soup 蔬菜鸡蛋汤	White Fungus Sweet Soup 银耳红豆羹
Mochi 糯米糍	Cookies 饼干	Strawberry Mousse 草莓慕斯	Banana Bread 香蕉包	Chocolate Cookies 巧克力饼干
Nutritional reading over the week 每周营养分析	Energy 热量 (Kcal) 789	Protein 蛋白质 (g) 33	Carbohydrate 碳水 (g) 110	Fat 脂肪 (g) 25



DIARY DATES

Friday - October 23, 2026
Musical Production Rehearsal

Friday~Saturday - October 23~24, 2026
BEIMUN

Monday~Friday - October 26~30, 2026
Library Week

SPORTS DATES

Oct 17 (Sat):
@ IST; ISAC XC MS/HS @ KWA

Oct 21 (Wed):
XC @ IST

Oct 24 (Sat):
ISCOT MSFB Tournaments — B+G @ IST; ISAC
HSVB Tournaments — Boys @ DSP, Girls @
IST; ISAC MS Badminton Tournaments — Boys
@ ISB, Girls @ WAB ISCOT HSVB Tournaments
— B+G @ IST;

Oct 28~31 (Wed-Sat):
ACAMIS Volleyball @ HKA

Oct 31 (Sat):
ISAC MSFB Tournaments — Boys @ BCIS;
Girls YCIS @ DCB

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2026-2027 SCHOOL YEAR

Please take note of the following dates:

Season 1 Sport Schedule

- ☺ Starts Monday, 31 Aug and ends Friday, 13 Nov
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Silvis – Athletics & Activities Director
(ben_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying – Activities Officer (CCA's) (ying_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang – Activities Officer (Sports) (durian_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 / extension 8150.