



THE BLAZE

Working Learning Acting TOGETHER



Dear Parents

Welcome back after what I hope was a most enjoyable and relaxing Mid-Autumn Festival and National Day holiday week. With the holiday behind us, we now enter a more intensive 10-week stretch until the next major holiday (Winter), although there is a long weekend in mid-November to break up the long stretch and to facilitate some time for staff professional development. At this stage in the year, students are well settled into learning routines and teachers have a firm grasp on the individual learning strengths and needs of each of their students, so it is certainly a time for optimal learning.

Now that teachers do know your children better, and as the first quarter of the school year comes to a close, it is time for one of the key events in our annual calendar, **Parent-Teacher Conferences**, scheduled for next Wednesday and Thursday afternoons. If you have not yet confirmed a meeting time for your children, please be sure to contact your child/ren's home-room teacher or the school office. Parent-Teacher Conferences are an incredibly important part of the home and school partnership, and a wonderful opportunity to learn more about your child/ren's learning and school experience, to set goals for further growth and development, and perhaps to investigate how you may be able to support your children at home. We look forward to seeing you all next week!

Please note that we will be welcoming **visiting author/illustrator Ben Rothery** on Monday and Tuesday next week, followed by a **Book Fair** on Wednesday and Thursday (planned to coincide with conferences). Don't miss out on this terrific opportunity to purchase some books for your children (and gifts for others!)

A reminder that **we will be celebrating UN Day at school next Friday** (also brought forward one week from the date published in the calendar). Please note the UN-related theme for the day, as well as our Community Curriculum global citizenship focus:

Theme

Action NOW - no more waiting for the future we want!

Global Citizenship Focus

Global issues and Tianjin/China Context: We focus on leadership, inclusion and diversity.

Creation and Impact: We focus on service, sustainability and community action.

A rough overview of the schedule is provided here for your reference!

8:30-9:00 **Parade of Nations:** Please send your children (and yourselves!) into school in some form of national or cultural dress; no flag waving though please.

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9:00-10:00	International Concert (All parents are invited to come in and join the show, a combination of some highly polished –and perhaps some not quite so– cultural performances from students, parents, and staff!)
10:45-12:45	Theme-related learning activities.
11:30-13:30	International Lunch (<u>very generously provided by our wonderful IST parents – thank you!</u>)
14:35-15:00	UN Day Photo (Please feel free to join us in the main avenue between the Han and Qin buildings!)
15:15	End of School.

UN Day Parent Bus Schedule

- Bus 1: 8:20 a.m. Aocheng → 8:40am Haiyi Changzhou → IST
- Bus 1: 11:00 a.m. IST → Haiyi Changzhou → Aocheng
- Bus 1: 11:00 a.m. IST → Ritz-Carlton → Arcadia
- Bus 1: 2:00 p.m. IST → Haiyi Changzhou → Aocheng

Finally, I wish to draw your attention to one of the pillars of our Community Curriculum (a shared responsibility for all community members!), ‘Creation and Impact’ with its focus on service, sustainability and community action. I can think of few better examples to reflect the ambitions of this domain of our school philosophy than the recent initiative led by three DP1 students last year to encourage the school and community to ‘**Energize Our New Gym**’ by supporting the installation of solar panels on the roof of the new gymnasium. With the wonderful support of our community, **Tung He, Na Ye and Da Hyeon** led the planning and fundraising for this high-impact project, and I am delighted to share a link with you to an article recently published by the East Asia Regional Council of Overseas Schools (EARCOS) that celebrates the efforts and achievements of these fine young ladies and global citizens, and the wonderful IST community that embraced their initiative (p.32): [EARCOS ET Journal – Fall 2026](#). **Congratulations, Tung He, Na Ye and Da Hyeon (and the IST community) – Terrific stuff!**

I wish all an enjoyable weekend, and I look forward to seeing you at next week’s conferences and UN Day celebrations.

Steve Moody
Director





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IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Ben Rothery Author Visit: Oct. 12 & 13

We are delighted to welcome author and illustrator Ben Rothery to IST next week! Ben's beautifully illustrated books exploring wildlife and the natural world are available to browse and borrow in the library.

Parents are warmly invited to join us for his assembly presentations in the Theatre:

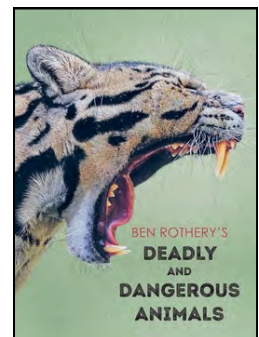
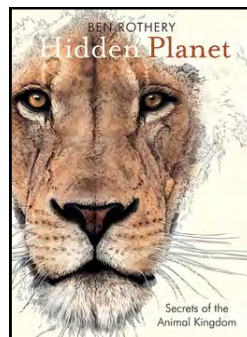
Monday, October 12

8:45–9:30 — KG1 - PYP3

10:10–10:55 — PYP4 - PYP6

Tuesday, October 13

8:45–9:45 — MYP1 - MYP3



Fall Book Fair: Oct. 14 & 15

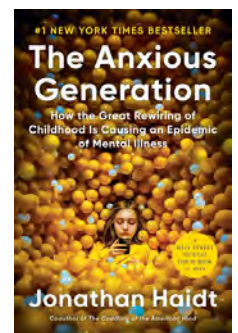
Our Fall Book Fair arrives next week! Parents are warmly invited to stop by the library during the school day or while on campus for parent-teacher conferences. The fair will remain open into the evening on both days, with shorter evening hours on Thursday. We look forward to seeing you there!

Parent Book Club: Oct. 29th

Our next book selection is the nonfiction title *The Anxious Generation* by Jonathan Haidt. We will meet to discuss the book on Thursday, October 29th at 8:30 am in the library. The library has copies of the book in English, Chinese, and Korean. A digital copy in English is also available upon request.

Please join us for coffee, treats, and lively discussion—even if you didn't have a chance to read the book! Ask our library staff how to join our WeChat group, where we share information about the book club.

Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30





Monday 5 October 2026

Welcome back, Blazing Dragons!

I just wanted to highlight our home game against Wellington last Thursday. What a crowd! It was great to see so many students and parents supporting our Blazing Dragons, and there was a fantastic atmosphere. Let's keep this going!

This Friday, we have our ISCOT Elementary Football Tournament — a highly anticipated event for our young Dragons. It will start around 12:15 and finish around 3:15. We hope to see you on the field!

The next big event on the calendar is the ISCOT HS Volleyball Tournament on Friday, October 17, here at IST. The tournament will start at 9:00 AM and finish around 1:30 PM. There will be plenty of games to watch, as both the boys' and girls' tournaments will be held at IST! A live stream will also be available — but what's better than live sports?

Come out and support our HS Volleyball teams!





Following our new leadership selection process, we are proud to announce the student-athletes who have been selected to serve as Team Captains and Vice Captains for Season 1. These students were chosen through a thoughtful process that included athlete nominations, coach input, and a review of leadership qualities aligned with our DRAGONS values. Our goal was not simply to select leaders, but to identify and develop student-athletes who will positively influence their teams throughout the season. The selection process was guided by the principles outlined in The Blazing Dragons Leadership Program, with an emphasis on leadership, character, and service.



**Season 1 Team Leadership
Middle School Girls Football**

Captain: Mariia

Vice Captain: Fiona

Middle School Boys Football

Captain: Jordan

Vice Captain: Albert S.

High School Girls Volleyball

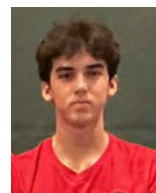
Captain: Karin

Vice Captains: TungHe and Belize

High School Boys Volleyball

Captain: Paul

Vice Captain: HaoYang



As representatives of IST Athletics, these student leaders have accepted an important responsibility. They are expected to uphold and model the DRAGONS values of Dedication, Respect, Achievement, Growth, Openness, Nurturing, and Spirit, serving as positive role models for teammates both on and off the field and court. Being chosen as a captain is not simply a title. It is a commitment to leading by example, supporting teammates, promoting sportsmanship, fostering inclusion, and helping create a positive team culture. We are confident that these leaders will represent the Blazing Dragons community with pride and integrity throughout the season.

Congratulations to all of our captains and vice captains. We look forward to seeing you lead with courage, character, and commitment as you honor the DRAGONS values and continue building the legacy of IST Athletics.

Go Dragons! 🐉🔥



D – Dedication R – Respect A – Achievement G - Growth O –
Openness N – Nurturing S – Spirit



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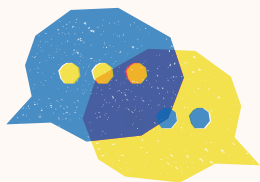
Weekly

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WEEKLY CCA
ANNOUNCEMENT

NO CCAS DURING PCT MEETINGS



14-15
OCT





IHO weekly comic Digital Addition

1



2



3



4





Love & Protection Safety is Always by Your Side

Make knowledge
for safer
tomorrow

A Practical Talk on Protecting Your Child's
Health, Safety and Well-being



Date **October 29** (Thursday)

Translation
glasses provided



Time **10:00 AM – 11:30 AM**



Venue **HAN Teacher Center**

Host: Tianjin
Children's Hospital

What You'll Learn

- Common health and safety risks children may face
- How to prevent and respond to emergencies
- Practical tips for everyday protection at home, school and in the community
- Hands-on practice: CPR & Heimlich maneuver for choking prevention



Because their safety
matters!



Scan the QR code
to join us



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PFO Cooking Club

Food theme : Japanese cooking class

Menu :

1. Teriyaki chicken
2. Onigiri (Tuna mayo, Spam&egg)
3. Pork miso soup
4. Matcha mousse



- When : Wednesday, October 21st, 9am-2pm
- Where : IST Elementary Kitchen
- Host : Yumi
- Cost : 100 RMB per person

- Please join the WeChat group by scanning this QR code





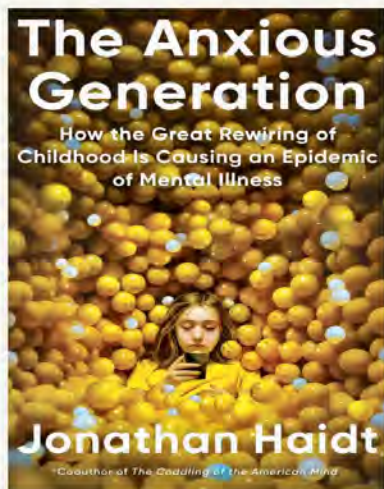
Welcome to IST Parent Book Club



Come along to our monthly meet up to discuss books and enjoy coffee & treats!

This month's book is *The Anxious Generation*. The library has copies in English, Chinese and Korean. A digital copy in English is also available upon request.

Our next meeting is October 29th at 8.30am in the Library.



Please scan the QR code to join!





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IST PFO Parent Activities 2026-2027



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Yoga</i> 08:15 - 09:15 Start Date: 09/02	<i>German Class</i> 09:00 - 10:30 Start Date: 09/01	<i>Yoga</i> 08:15 - 09:15	<i>Zumba</i> Main Class 09:00 - 09:50 Start date: 09/03	<i>Zumba</i> Breakdown Class 09:00 - 10:00
<i>English Corner</i> 09:30 - 11:30 Start Date: 09/07	<i>IST Baby Dragon</i> Playgroup 09:00 - 11:00 Start Date: 09/15			<i>Chinese Corner</i> 09:00 - 10:30 Start Date: 09/11
<i>Korean Class</i> 13:30 - 14:30 Start Date: 09/07	<i>Japanese Class</i> 13:30 - 14:30 Start Date: 09/08			<i>IST Parents' Choir</i> 11:30 - 12:30 Start Date: 08/28

- The PFO offers a variety of fun activities and classes for parents at IST! Whether you want to stay active, explore a new language, or simply connect with other parents, there is something for everyone. Come join us and enjoy some time together!
- Please check the poster for each class for more information and sign-up. We hope to see you there!





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IST PFO

YOGA CLASS

With : **Vicky**

Class schedules:

Mon. 8:15-9:15 am

Wed. 8:15-9:15 am

RMB 80/person



REGISTER NOW!
SCAN THE CODE
TO JOIN!



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1ST PFO

ENGLISH CORNER

Conversation with native English
speaking teachers to build confidence,
friendship and community.

The more you practice
the better you get.

Join Our English Corner to practice and
boost your English Skills in a welcoming,
casual, community setting !

Starting Date: 2026/09/07(Monday)

Time: 9:30 - 11:30 am

Location: 1ST Elementary meeting room





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IST PFO

let's

Join us!

LEARN KOREAN

안녕하세요

Hello

감사합니다

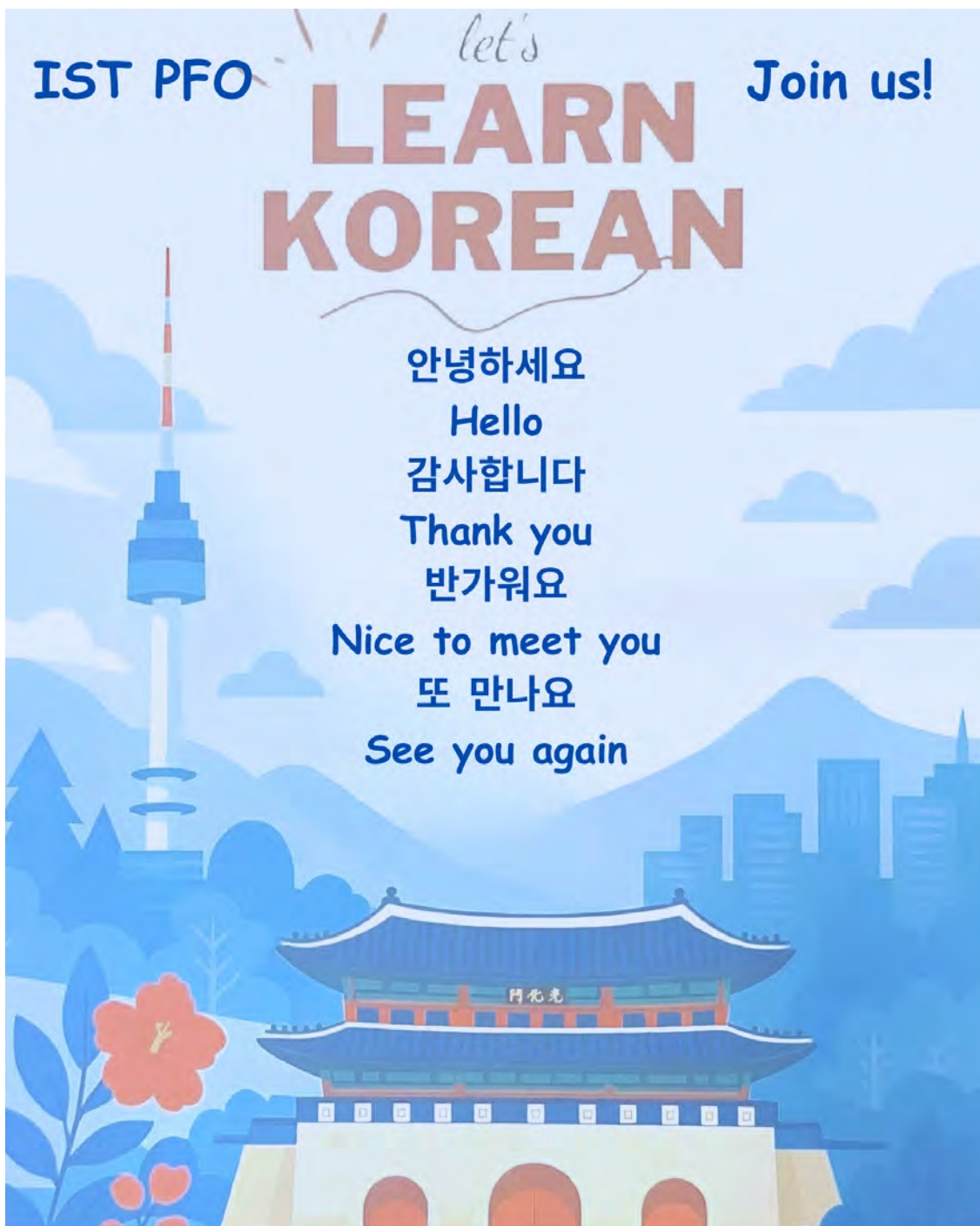
Thank you

반가워요

Nice to meet you

또 만나요

See you again



Class time: Monday 1:30 - 2:30 PM

Class fee: RMB40/person

Class starts on 7th September

Scan the code to join!





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IST PFO

LEARN

GERMAN

*Take your German
to the next level!*

GERMAN CLASS
FOR INTERMEDIATE LEARNERS

A2 / B1



STARTS
1 SEPTEMBER



TUESDAYS
9:00 – 10:30



ELEMENTARY
MEETING ROOM

RMB 50 per person.
Scan the code to join.





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Welcome to the IST Baby Dragons Playgroup



Come along and meet other parents, enjoy free play and music time with snacks and outside play!

Friends and their children from outside IST are invited too - must be a foreign passport holder.



Every Tuesday, 9:00 - 11:00 AM.
It will be held in the Nursery room.
Starting from 15th September.





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IST PFO

NEW Sessions available
starting on 3rd September!



Zumba Main: Thursday, 9:00-9:50 am
Zumba Breakdown: Friday, 9:00-10:00 am
RMB 50 per person (Minimum 4 to start the class)

Scan the code to join and Dance with Summer!





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IST PFO

CHINESE
CORNER



走近汉语 自在交流 乐在中国

Discover Chinese, Enjoy China

Starting date: 11th September
Every Friday 09:00 - 10:30am
Scan the code to join in!





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JAPANESE CLASS

JOIN OUR CLASS AND
IMMERSE YOURSELF IN THE
CULTURE AND CHARM OF
JAPAN

IST PFO

CLASS SCHEDULE:

Tuesday

1:30 - 2:30 PM



BASIC GRAMMAR



CULTURAL INFO



SIMPLE VOCABULARY

RMB 40 PER PERSON
Scan the code to join
Classes starts on 8th September





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PFO
game club

Come relax, have fun, and socialize!

Card games

Board games

Table games

SCAN TO JOIN!



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Love to sing?

Join our new
IST Parents'
Choir!

Whethre you have choir
experience or simply enjoy
singing, everyone is welcome!

Let's sing, have fun,
and make beautiful
music together!

Interested?
Scan the QR code
and join our group!





Community-wide Goal:

In a world shaped by rapid technological change, including the continued rise of social media and AI, as well as growing geopolitical tensions and a lack of empathy for the needs of others, at IST, our community shares collective commitment to nurture internationally minded learners who embody the IB learner profile disposition of **Thinker**.

Within our school and host city of Tianjin, we will ask thoughtful questions, evaluate information critically and ethically, and use reasoned evidence to understand complex challenges and choose actions that reduce harm. Together, we will think deeply about others' perspectives and work to help make our world a better place.





Weekly Menu (N-G2)

5-9 Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Banana Bread Fruit Cut	Cheese Sandwich Fruit Cut
Pizza Margherita 芝士比萨 Stir fry Vegetables 炒蔬菜 <u>Allergy: wheat, cheese</u>	Spaghetti Bolognese 番茄肉酱面 Stir fry Vegetable 炒蔬菜 <u>Allergy: wheat, cheese</u>	Chicken Teriyaki 照烧鸡排 Stir fry Vegetable 炒蔬菜 <u>Allergy: breadcrumb</u>	Fried Rice with Ham and Egg 火腿鸡蛋炒饭 Stir fry Cauliflower 炒时蔬 <u>Allergy: egg</u>	Steamed Pork Dumplings 小笼包 Stir fry Vegetable 炒时蔬 <u>Allergy: wheat</u>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 每周营养分析	Energy 热量 (Kcal) 729	Protein 蛋白质 (g) 29	Carbohydrate 碳水 (g) 109	Fat 脂肪 (g) 27

12-16 Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Steamed Dumplings Fruit Cut	Banana Bread Fruit Cut	Carrot Cake Fruit Cut	
Egg Toast 鸡蛋酱吐司 Stir fry Vegetable 炒蔬菜 <u>Allergy: wheat, egg</u>	Chicken Quesadilla 鸡肉芝士饼 Stir fry Vegetable 炒蔬菜 <u>Allergy: wheat, cheese</u>	Bolognese Pizza 肉酱披萨 Stir fry Vegetable 炒蔬菜 <u>Allergy: wheat, cheese</u>	Chicken Curry 咖喱鸡 Stir fry Vegetable 炒时蔬 <u>Allergy: coconut milk</u>	<u>UN DAY</u>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	
Nutritional reading over the week 每周营养分析	Energy 热量 (Kcal) 725	Protein 蛋白质 (g) 26	Carbohydrate 碳水 (g) 115	Fat 脂肪 (g) 25

Weekly Menu (G3-G12) 5-9 Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Pizza Margherita 芝士比萨 Stir fry Vegetable 炒蔬菜 French Fries 薯条 <u>Allergy: wheat, cheese</u>	Spaghetti Bolognese 肉酱面 Stir fry Vegetable 炒蔬菜 <u>Allergy: wheat, cheese</u>	Nacho Chips with Ground beef 墨西哥风味肉酱芝士配薯片 Stir fry Vegetable 炒蔬菜 <u>Allergy: soy sauce, milk</u>	Pork Patty with Gravy 烧汁肉饼 Stir fry Vegetable 炒时蔬 Mashed Potatoes 土豆泥 <u>Allergy: milk, cream</u>	Grilled Chicken with Black Pepper Sauce 黑椒鸡排 Stir fry Vegetable 炒时蔬 Pasta 意大利面 <u>Allergy: wheat</u>
Stir Fried Tomato with Egg 西红柿炒鸡蛋 Sauteed Spicy String Beans 干煸豆角 Steamed Rice 米饭 <u>Allergy: egg, soy sauce</u>	Stir Fried Rice with Pork Sausage and Egg 腊肠蛋炒饭 Stir fry Vegetable 炒时蔬 <u>Allergy: soy sauce, egg</u>	Sweet and Sour Chicken 糖醋鸡柳 Green Vegetables 清炒时蔬 <u>Allergy: garlic, soy sauce</u>	Chicken Teriyaki 日式照烧鸡排 Stir Fried Vegetables 炒时蔬 <u>Allergy: wheat</u>	Pork Stew with Glass Noodles and Potatoes 五花肉炖土豆粉条 Stir Fried Chinese Cabbage and Tofu 白菜冻豆腐 <u>Allergy: soy sauce</u>
Oil-Splashed Noodles 油泼面 Cucumber Salad 拌黄瓜 Fried Eggs 煎鸡蛋 <u>Allergy: wheat, egg</u>	Popcorn Chicken Wrap 鸡肉花卷饼 Mixed Vegetables 混合蔬菜/拌三丝 <u>Allergy: wheat</u>	Tteokbokki with Pork and Cheese 芝士猪肉炒年糕 Cabbage Salad Korean Style 韩式拌洋白菜 <u>Allergy: cheese</u>	Beef Pho 越南牛肉粉 Stir Fry Green Vegetables 炒青菜 <u>Allergy: chili</u>	Udon with Korean Kimchi and Fish Cakes 韩式泡菜鱼饼乌冬面 Boiled Vegetable 煮蔬菜 <u>Allergy: fish</u>
	Vegetables Wrap 蔬菜卷	Tteokbokki with Cheese 芝士炒年糕	Rice Noodles in Vegetable Soup 河粉蔬菜汤	Udon in Kimchi Soup 番茄乌冬面
Mung Bean Soup 绿豆汤	Pumpkin Soup 南瓜汤	Red Bean and Job's Tears Soup 红豆薏米水	Tomato and Egg Soup 西红柿鸡蛋汤	Sweet Potato Congee 红薯粥
Banana Bread 香蕉包	Chocolate Cookies 巧克力饼干	Strawberry Mousse 草莓慕司	Cream Puff 奶油泡芙	Mini Muffins 小麦芬
Nutritional reading over the week 每周营养分析	Energy 热量 (Kcal) 790	Protein 蛋白质 (g) 30	Carbohydrate 碳水 (g) 122	Fat 脂肪 (g) 26



DIARY DATES

Wednesday~Thursday - October 14~15, 2026
Parent-Teacher Conferences (Afternoon)
Fall Book Fair

Friday - October 16, 2026
UN Day

Friday - October 23, 2026
Musical Production Rehearsal

Friday~Saturday - October 23~24, 2026
BEIMUN

Monday~Friday - October 26~30, 2026
Library Week

SPORTS DATES

Oct 10 (Sat):
ISAC XC Championships ES @ ISB

Oct 12 (Mon):
MSFB IST @ Wellington

Oct 17 (Sat):
@ IST; ISAC XC MS/HS @ KWA

Oct 21 (Wed):
XC @ IST

Oct 24 (Sat):
ISCOT MSFB Tournaments — B+G @ IST; ISAC
HSVB Tournaments — Boys @ DSP, Girls @
IST; ISAC MS Badminton Tournaments — Boys
@ ISB, Girls @ WAB ISCOT HSVB Tournaments
— B+G @ IST;

Oct 28~31 (Wed-Sat):
ACAMIS Volleyball @ HKA

Oct 31 (Sat):
ISAC MSFB Tournaments — Boys @ BCIS;
Girls YCIS @ DCB

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2026-2027 SCHOOL YEAR

Please take note of the following dates:

Season 1 Sport Schedule

- ☺ Starts Monday, 31 Aug and ends Friday, 13 Nov
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Silvis – Athletics & Activities Director
(ben_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying – Activities Officer (CCA's) (ying_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang – Activities Officer (Sports) (durian_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 / extension 8150.