

Weekly Menu (N-G1) 01-05 Jun

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Banana Bread Fruit Cut	
Omelette 煎蛋卷 Scallion Pancake 葱油饼 Vegetable Sticks 蔬菜条 <i>Allergy: egg, wheat</i>	Fried Rice with Ham and Egg 火腿鸡蛋炒饭 Stir fry Vegetable 炒时蔬 <i>Allergy: egg</i>	Bacon Pizza 芝士培根比萨 Stir fry Vegetables 炒蔬菜 <i>Allergy: wheat, cheese</i>	Grilled Chicken in Pita Bread 小饼夹鸡肉 Stir fry Potatoes 炒土豆丝 Vegetable Sticks 蔬菜条 <i>Allergy: wheat</i>	
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	
Nutritional reading over the week 每周营养分析	Energy 热量(Kcal) 712	Protein 蛋白质(g) 31	Carbohydrate 碳水(g) 115	Fat 脂肪(g) 22