



THE BLAZE

Working Learning Acting TOGETHER



Dear Parents

As the end of another year draws towards a close, it is amazing to once again reflect on how incredibly busy the school day – and everyone in it – can become! We have had a wonderful week here in school, with an even busier one coming up next week.

I'd like to begin by congratulating our **graduating class**, the very last of whom completed their final IB Diploma examinations this past Wednesday. We are all incredibly proud of this fine group of young adults; it is just so rewarding to see them all looking so happy (and relieved!) and proud of themselves for having overcome this incredibly challenging set of examinations. A towering cliff face has loomed before them over the past two years, and yet suddenly they find themselves having conquered the IB mountain and now they get to gaze out upon a wide, wide world of opportunity, knowing that they have the determination and resilience to succeed against challenge and adversity, in spite of that which might initially appear to be insurmountable. This is part of the IB promise!

I know that our graduating students will be enjoying this respite from their studies, a chance to sleep in and re-energize in readiness for the next exciting adventures that await them beyond IST and Tianjin. A reminder that all families are invited to attend the **Graduation Ceremony for the Class of 2026 in the Han Theatre at 3:50 PM next Friday 29 May.**

Congratulations also to our **Grade 9-11 high school students** who undertook their own examinations this past week. Examinations can be stressful, but like most things in life, practice helps and I am confident that with each exam that they sit, they are one step closer to embarking on their own successful ascent of Mount IB !

It was terrific to see so many parents in school on Wednesday this week, firstly at **the final PFO meeting for the year** and then at the **Staff Appreciation Lunch**. I want to once again thank you, the PFO, and especially the committee members, for your unwavering support of our school and for the many, many ways in which you go out of your way to make IST a better place for us all. **Special thanks to Anna Centerman** who, with the graduation of her two children, steps down from the committee (and the officer assignment of vice-president) after many years of wonderful service to our community. Following the PFO meeting, all IST staff were treated to an amazing international lunch prepared by our amazing international community. Thank you all so very much!

A reminder to all parents that **today marks the final day of CCAs for the year**. Please ensure that you make any necessary accommodations in your plans for next week, including transportation schedules. I want to take this opportunity to thank the many IST staff (and some students and parents) for committing so much time and effort to provide these extra

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learning opportunities for our students. Balance is one of the 11 IST/IB Learner Profile dispositions, and it is our hope that we were able to enrich your children's school experience by supporting aspects of their lives and learning that go beyond the purely academic.

We have LOTS of **end of year legacy events** coming up over the next two weeks, so be sure to map them out in your calendars! Don't forget:

- **N-2 Show:** Wednesday 8:30 AM in Han TC
- **Secondary Sports Day and Athletics Awards:** Thursday at 1:50 PM in the Han Theatre
- **Graduation:** Friday at 3:50 PM in the Han Theatre
- **Middle Years University:** Starts next Friday, and runs through Thursday 4 June
- **Grade 5 Transition:** Wednesday 3 June at 1:00 PM in the Han Theatre
- **Secondary Awards:** Thursday 4 June at 8:25 AM in the Han Theatre

Wishing you all a wonderful weekend (possibly here at school on Saturday for the EUCCC Soccer Tournament!)

Steve Moody
Director





INTERNATIONAL SCHOOL of TIANJIN

Weekly

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IST HEALTH AND WELLBEING

DEAM

DROP EVERYTHING AND MOVE

MAY

WELL, THAT HAPPENED

DAREBEE WORKOUT
© darebee.com
LEVEL I 3 sets
LEVEL II 5 sets
LEVEL III 7 sets
REST up to 2 minutes



10 reverse lunges



10 slow butt kicks



10 butt kicks



2 plank walk-outs



2 plank jump-ins



2 heel clicks



10-count hold



IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Summer Reading & Library Dates

As we enter the final weeks of the school year, this is a reminder about upcoming library return dates and summer borrowing. Summer is a wonderful time for students to relax, explore new interests, and read for pleasure. Continuing to read over the summer helps students maintain and strengthen their reading skills while also building their imagination and curiosity. Even a small amount of reading each day can make a big difference.

We encourage all students to continue discovering great books throughout the summer months through our summer checkout program. Permission slips for elementary students were sent home and can also be found at the library circulation desk or on Toddle (permission slips are not required for secondary students).

*** End of Year Library Dates ***

May 22: Last day to borrow library books
May 25-29: All library books & bags returned
May 25-June 2: Library summer checkout

Permission slips for summer checkout will be sent home soon. Students must clear their library accounts before borrowing books for the summer. If you are unsure if your child has overdue books, please contact library staff.

SUMMER BOOK CHECKOUT

My child, _____ in class _____ has my permission to check out books over the summer holiday.

My child may borrow up to ten (10) books for the summer holiday.
 My child may borrow up to twenty (20) books for the summer holiday.

Parent signature: _____

Please Note:

- All books are due the first week of the 2026-27 school year
- You are responsible for any lost or damaged books.
- Library bags are laundered over the holidays, please send a bag to school
- Please do not take IST library books out of China

Return this form by Mon., May 25	Summer Checkout: May 25-June 2	Please send an extra bag to carry books
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IST LIBRARY SUMMER CHECKOUT PERMISSION SLIP



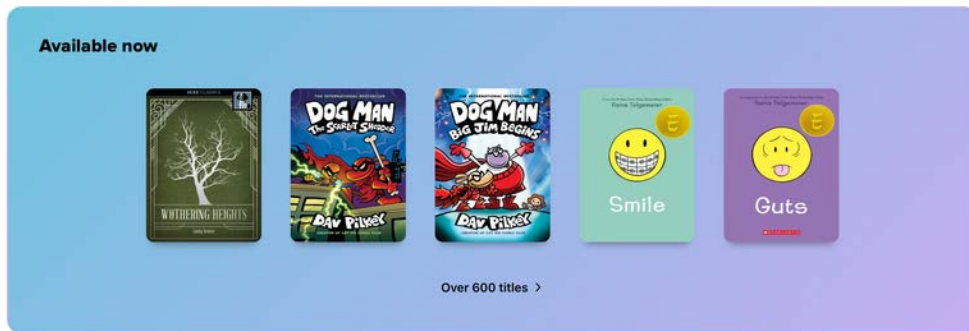
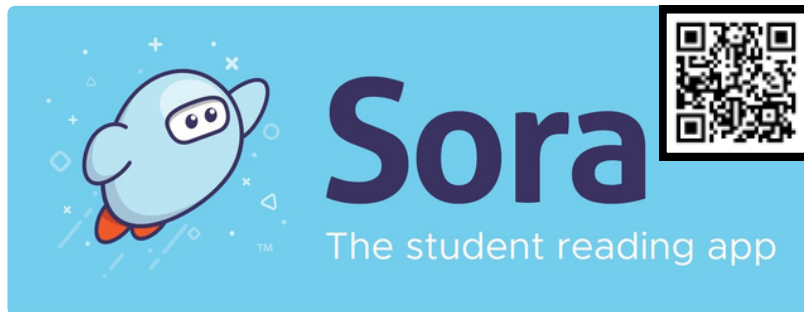
More Ways to Read in Summer

Ebooks and audiobooks are also available through Sora (Overdrive). This is a great alternative to physical books when traveling, and there is a wide-range of new and high-interest titles available.

All students in grades 4 and up have IST Library Sora accounts. Parent accounts can also be created upon request. Please contact the IST Library Coordinator to request an account or login details at Linnea_Simon@istianjin.org.cn.

To access the digital library, download Sora from the App store (recommended for mobile devices), scan the QR code, or use this link: <https://soraapp.com/library/istianjin>.*

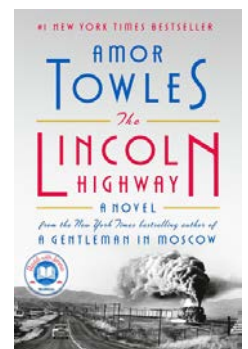
*VPN may be required to access



Parent Book Club: August

Our next book selection is the novel **The Lincoln Highway** by Amor Towles. We will meet to discuss the book in August when we return to school. The library has copies of the book in English, Chinese, and Korean. A digital copy in English is also available upon request.

Please consider joining us for coffee, treats, and lively discussion—even if you didn't have a chance to read the book! Ask our library staff how to join our WeChat group, where we share information about the book club.



Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30



BLAZING DRAGONS



ISAC U11 Football @ISB



Our U11 team traveled to ISB Beijing for an exciting and well-organized tournament day. The team played a total of four matches against strong opposition and represented IST with great energy and sportsmanship throughout.

We opened the day with a hard-fought 1-1 draw against ISB1. The players showed resilience and strong teamwork, setting a positive tone for the rest of the tournament.

In our second match against ISB2, the team found their rhythm, combining confident passing and solid defending to secure a convincing 4-1 victory.

The momentum continued in our third game against BSB, where excellent communication and quick transitions helped us earn an impressive 6-2 win.

We finished the day against KEY1 in a closely contested match. The players battled until the final whistle, narrowly losing 3-1 in a competitive and spirited game.

Overall, it was a fantastic day of football. The team showed great improvement across the four games, demonstrating teamwork, determination, and positive attitudes throughout. We are proud of their effort and how they represented IST. Well done, U11s!





BLAZING DRAGONS



Sports Update

Important dates



Season done



Season done



Season done



See you next year
Go Blazing Dragons!





**INTERNATIONAL
SCHOOL of TIANJIN**

Weekly

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BLAZING DRAGONS



What a year it has been! Next week, we'll be looking back on another Blazing Dragon Year. All three seasons are now complete! A heartfelt thank you to our Coaches for your unwavering commitment and passion to the IST Community. Through your dedication, you have empowered students to grow within the three roots of our frame work:
Within Myself, Among Others, Beyond Ourselves.



**See you next year
Go Blazing Dragons!**

SPORT AWARDS

MS and HS join us on Wednesday 28 May 1:50 - 3:10 to celebrate our achievements.





INTERNATIONAL
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Elementary
ELC-Grade 2
presents...

The Bee Story

Day: Wednesday
Date: May 27
Time: 8:30am



INTERNATIONAL
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IST

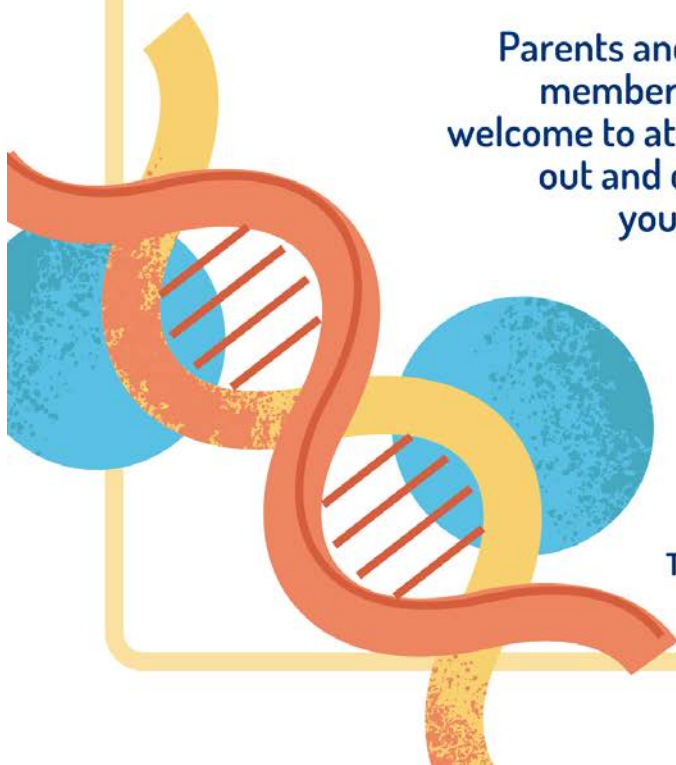
WEDNESDAY MAY 22ND / 11:30AM - 12:50 PM

LET'S HAVE FUN!

SCIENCE FAIR

GRADE
8

Parents and community
members are warmly
welcome to attend – come
out and celebrate our
young scientists!



To be held on the second
floor of the Han building



INTERNATIONAL
SCHOOL of TIANJIN

Weekly



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IST PRESENTS

MYU SHOWCASE

CELEBRATING MYP PROJECT-BASED LEARNING

THURSDAY, 4 JUNE
2:00 P.M. | IST THEATER



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IST parents activities

Class	Day	Time	Place
Yoga	Monday Wednesday	8:15-9:15	Theater or Black box
English Corner	Monday	10: 00-11: 30	Elementary meeting room
Korean Class	Monday	1:30-3:00	Elementary meeting room
Spanish Class	Tuesday	1:00-2:00	Elementary meeting room
Zumba	Thursday	10:00-10:45	Theater or Black box
Chinese Corner	Friday	9:00-10:00	Elementary meeting room
Baby Dragon Playgroup	Tuesday	9:00-11:00	Nursery Classroom
Parents Workshop	Once a month	Flexible	Elementary meeting room



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WEEKLY CCA ANNOUNCEMENT



Please scan the code to share your interests



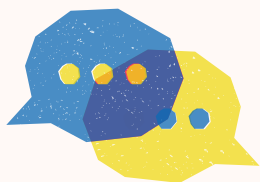
Chinese Version



English Version



Korean Version





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Community-wide Goal:

At IST we share a collective commitment to cultivate a vibrant community that embodies the spirit of open-mindedness as defined by the International Baccalaureate (IB). Within the unique context of our school and host city of Tianjin, our commitment is to further nurture and enhance an inclusive environment where we all critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We will seek and evaluate a range of points of view, listening with a genuine desire to understand, and with a willingness to grow from the experience.





Weekly Menu (N-G1) 18-22 May

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Banana Bread Fruit Cut	Cheese Sandwich Fruit Cut
Kimbap 韩式饭卷 Japchae 韩式炒杂菜 <i>Allergy: seaweed, sesame, egg</i>	Pork Dumplings 猪肉水饺 Stir fry Vegetable 炒时蔬 <i>Allergy: wheat</i>	Beef Lasagna 牛肉千层面 Stir fry Vegetable 炒时蔬 <i>Allergy: milk, wheat</i>	Fried Chicken 炸鸡 Egg Fried Rice with Vegetables 鸡蛋蔬菜炒米饭 <i>Allergy: wheat, egg</i>	Bolognese Pizza 肉酱比萨 Stir fry Vegetable 炒时蔬 <i>Allergy: wheat, cheese</i>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 每周营养分析	Energy 热量(Kcal) 722	Protein 蛋白质(g) 28	Carbohydrate 碳水(g) 119	Fat 脂肪(g) 22

25-29 May

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Cookies Fruit Cut	Banana Bread Fruit Cut	Carrot Cake Fruit Cut	Ham Sandwich Fruit Cut
Spaghetti with Tomato Sauce 番茄意面 Stir fry Vegetables 炒时蔬 Boiled Egg 煮鸡蛋 <i>Allergy: wheat, cheese, egg</i>	Beef and Tomato Curry 番茄咖喱牛肉 Stir fry Corn 炒玉米粒 <i>Allergy: coconut milk</i>	Grilled Chicken in Pita Bread 烧饼夹鸡肉 Stir fry Shredded Potatoes 清炒土豆丝 <i>Allergy: wheat</i>	Steamed Pork Dumplings 小笼包 Stir fry Vegetable 炒时蔬 <i>Allergy: wheat</i>	Chicken Teriyaki 照烧鸡排 Stir fry Vegetable 炒时蔬 <i>Allergy: soy sauce, wheat</i>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 每周营养分析	Energy 热量(Kcal) 722	Protein 蛋白质(g) 30	Carbohydrate 碳水(g) 109	Fat 脂肪(g) 22

Weekly Menu (G2-G12) 25-29 May

Monday	Tuesday	Wednesday	Thursday	Friday
Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Spaghetti with Pesto /Tomato/Cream Mushroom Sauce 意大利面配罗勒/番茄/奶油蘑菇汁 Stir fry Vegetable 炒时蔬 Roasted Egg with Herb 烤鸡蛋 <i>Allergy: cheese, egg (served on the side)</i>	Cajun Grilled Fish with Cheese 卡真芝士烤鱼 Baked Vegetables 烤时蔬 Roasted Potatoes 烤土豆 <i>Allergy: fish, cheese</i>	Chili Con Carne 墨西哥炒牛肉馅 Steamed Black Beans 蒸黑豆 <i>Allergy: beef, soy sauce</i>	Chicken Burger 鸡肉汉堡 French Fries 薯条 <i>Allergy: wheat</i>	Chicken Schnitzel 炸鸡排 Stir fry Vegetable 炒时蔬 Roasted Sweet Potatoes 烤地瓜 <i>Allergy: wheat</i>
Stir Fried Tomato with Egg 西红柿鸡蛋 Sautéed Spicy String Beans 干煸豆角 Steamed Rice 米饭 <i>Allergy: eggs, soy sauce</i>	Stir Fried Pork with Kimchi 辣白菜炒猪肉 Stir fry Vegetables 炒时蔬 <i>Allergy: soy sauce</i>	Hainanese Chicken Thigh 海南鸡腿饭 Stir Fried Chinese Cabbage with Vermicelli 蒜蓉娃娃菜粉丝 <i>Allergy: chili, soy sauce</i>	Stir-Fried Basil Minced Pork 泰式猪肉饭 Stir fry Vegetables 泰式蔬菜 <i>Allergy: fish sauce, chili</i>	Sweet and Sour Fish 糖醋鱼片 Stir fry Mushroom with Vegetables 杏鲍菇炒时蔬 <i>Allergy: garlic, soy sauce, fish</i>
Spicy Ramen with Cheese 芝士手拉面 Boiled Egg 煮鸡蛋 <i>Allergy: wheat, egg (served on the side)</i>	Grilled Chicken in Pita Bread 烧饼夹鸡肉 Stir Fried Potatoes 清炒土豆丝 Tossed Kelp Shreds 海带丝 <i>Allergy: wheat</i>	Pork Dumplings 猪肉水饺 Mixed Vegetables 什锦菜/厥根粉 <i>Allergy: wheat</i>	Noodles with Seafood Broth 三鲜打卤面 boiled Vegetable 煮蔬菜 <i>Allergy: shrimp, wheat</i>	Tonkotsu Ramen 豚骨拉面 boiled Vegetables 煮蔬菜 <i>Allergy: wheat, egg</i>
Laver and Egg Soup 紫菜鸡蛋汤	Fried Rice with Kimchi 辣白菜炒饭 <i>Allergy: soy sauce</i>	Vegetable Dumplings 蔬菜水饺 <i>Allergy: wheat</i>	Noodles with Tomato Sauce 番茄面 <i>Allergy: soy sauce</i>	Stir Fried Mushroom with Vegetables 杏鲍菇炒时蔬 <i>Allergy: soy sauce</i>
Mocha Coconut Cake 抹茶椰蓉糕	Pumpkin Soup 南瓜汤	Mung Bean Soup 绿豆汤	Vegetable and Egg Soup 蔬菜鸡蛋汤	Tomato and Egg Soup 西红柿鸡蛋汤
Nutritional reading over the week 每周营养分析	Energy 热量(Kcal) 776	Protein 蛋白质(g) 32	Carbohydrate 碳水(g) 116	Fat 脂肪(g) 24



DIARY DATES

Saturday - May 23, 2026
European Chamber Soccer Tournament & Family Day

Wednesday - May 27, 2026
N-G2 Spring Show

Thursday - May 28, 2026
Secondary Sports Day & Sports Awards

Friday - May 29, 2026
G12 Graduation Ceremony

Friday~Thursday - May 29~June 4, 2026
Middle Years University

SPORTS DATES

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2025-2026 SCHOOL YEAR

Please take note of the following dates:

Season 3 Sport Schedule

- ☺ Starts Monday, 9 March and ends Friday, 22 May
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Silvis – Athletics & Activities Director
(ben_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying – Activities Officer (CCA's) (ying_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang – Activities Officer (Sports) (durian_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 / extension 8150.