



THE BLAZE

Working Learning Acting TOGETHER



Dear Parents

One of the most important times that we get to connect individually with our parents is for the first and third quarter **Parent-Teacher Conferences**, when you get an opportunity to sit down with your children's teachers (and children) on a one-to-one basis to learn about their school experience and to identify achievements and areas for future growth and development.

Unfortunately, I was not in Tianjin last week, but I understand that there was a terrific turnout of parents on Wednesday and Thursday afternoons/evenings for the conferences. I do hope that you found them to be informative and that you now have a better understanding of our school programmes and of your child's unique place within them. Please remember that our doors are always open, so if you have further questions or concerns, you just need to contact us to arrange a time to come in again to talk. All that said, I want to take a moment to congratulate your children, who are amazing, and who continue to shine. We are all very proud of them all.

One of the special annual events here at IST is **UN 'International' Day**, held at school last Friday. Unfortunately, I was out of town and sadly missed my first IST UN Day in 30 years, but I know that you will have all enjoyed a wonderful community day together. As always, the day started with a colourful Parade of Nations, moved into a delightful concert that celebrated our many nations, cultures (and long socks), and concluded with an amazing international lunch provided by our wonderful parents – thank you!

I am sure that you have noticed the temperatures changing and the slightly misty days that herald the arrival of winter. If you are new to Tianjin you may not know that Tianjin often experiences heavy fog at this time of year, sometimes making travel to school dangerous in the morning. In order to ensure the safety of our students, we have long used 'Emergency Telephone Trees' to quickly inform our parents of emergency situations, including delays to the start of school (and buses) caused by fog.

For several years parents have asked us to use WeChat to share such announcements, but we have resisted in the firm belief that direct telephone calls guarantee that we know everyone has received an emergency message. However, in response to PFO requests, we have now determined that it is time to move to a new system, and **we will therefore be asking all families to register for an emergency WeChat group for IST parents**. All parents will receive a notification from the school on Monday that includes a QR code that will allow you to join the group. Please do scan the code to register so that we can feel confident that you will receive emergency messages circulated by the school. You may also take a moment to review the emergency procedures as posted on the school website at the following link: <https://www.istianjin.org/emergency-procedures/>

I wish you all a wonderfully relaxing weekend!

Steve Moody
Director

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International School of Tianjin Scholarship Program

The International School of Tianjin (IST) is excited to announce its scholarship program for students in their final two years of school. This initiative serves two key purposes:

1. **Support for Current IST Students:** We offer exceptional educational opportunities to talented students facing financial challenges.
2. **Enrichment for Non-IST Students:** We welcome talented non-IST students to enhance our diverse community and the quality of our IB Diploma Programme.

Scholarship Details

Types of Scholarships

Scholarships are available for students entering Grade 11, with awards lasting up to two years:

- **Full Scholarships:** Cover all tuition and capital fees for Grades 11 and 12.
- **Tuition Scholarships:** Cover tuition fees only for Grades 11 and 12.
- **Bursaries:** Cover half the tuition fees for Grades 11 and 12.

Benefits

Students in the scholarship program will receive an excellent education, culminating in the IST High School Diploma. As an IB World School, students also have the chance to earn a full IB Diploma, *recognized by top universities worldwide*.

Selection Process

Each year, up to three scholarships or bursaries may be awarded to current IST students, with an equal number available for non-IST applicants. The selection includes:

- **Examinations**
- **Formal Interviews**
- **Final Decision by the IST Scholarship Committee**

Criteria for Selection:

- **Academic Excellence:**
 - o Current IST students must have honors/high honors in at least 2 of the last 3 semesters.
 - o Non-IST candidates should be in the top 25% of their class.
- **Community Contribution:**
 - o Active involvement in CAS activities.
 - o Promotion of the IB Diploma Programme.
 - o Leadership within the school community.
- **Financial Need:** Consideration for current IST students needing financial assistance. (Non-IST students **DO NOT** need to demonstrate financial need.)

Eligibility

Students of *all nationalities* are encouraged to apply. Current IST students with financial difficulties can apply, but families may receive only one full scholarship at a time.

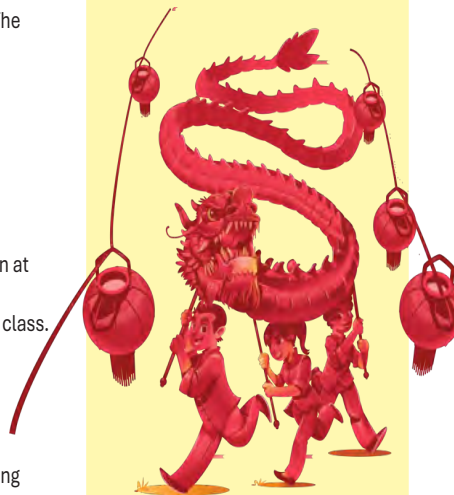
A strong command of English is essential.

Application Process

To apply, candidates should request an application package from the school.

Key dates:

- **Application Deadline:** 3:30pm, Friday, February 13, 2026
- **Scholarship Examinations:** Saturday, February 28, 2026 (9:00am–2:30pm)
- **Interviews:** Around March 4, 2026
- **Award Announcement:** Late March/early April 2026





Required Documents

From the Student:

- Personal statement covering your interests and reasons for applying.
- Previous two years' report cards from your school. (Including IST students)
 - Certificates for any honors or awards received.
- At least two character reference letters (non-family).
 - IST students do not need a character reference but should give the names of two teachers who agree to support the application.
- Any other relevant details.

From the IST Parent (if applicable):

- A formal letter explaining financial circumstances.
- A letter from an employer stating that tuition is not covered by the company.
- Non-IST students **DO NOT** need to demonstrate financial need.



Application Fee

A **2,000 RMB** application fee is required, with the following conditions:

1. **Refunds:** Full scholarship recipients or those not awarded a scholarship will receive a complete refund.
2. **Tuition Scholarships/Bursaries:** The fee will be credited towards the standard application fee.
3. **Declined Offers:** Candidates who decline a scholarship offer forfeit the fee.

Scholarship Selection Process

Application

To apply for a scholarship, students must submit the **Scholarship Application Form and Fee by 3:30pm on Friday, February 13, 2026**. This form collects personal details and educational history.

Important:

- Attach all required documents (see 'Required Documents' section).
- Incomplete or late applications will not be considered.

Examinations

Exams will take place at the school on **Saturday, February 28, from 9:00am to 2:00pm**. Students will complete three papers:

1. **Mathematics** (9:00am–10:30am)
Focus: Mathematical skills and problem-solving.
2. **English** (10:45am–12:15pm)
Focus: Reading comprehension and essay writing.

3. Science (12:30pm–1:45pm)

Focus: General problem-solving, logic skills, and scientific writing (not based on specific course content).

Interview

After the exams, selected candidates will be invited for an interview with the selection panel, which includes the Director, Secondary Principal, Diploma Coordinator, and IST Board of Governors members. Discussion topics will include the student's potential contributions to the school and their short- and long-term goals. Feel free to bring supporting materials to the interview.

Interviews will be scheduled for March 4 unless otherwise notified.

Results

Candidates will receive their results by **late March/early April**. Good luck!



Scholarship Application Form

Student Information				
Family Name		First Name		Gender (Male / Female)
Date of Birth (mm/dd/yy)			Age at time of application	
Nationality & Citizenship	Native Language	Language at Home		Other Languages
Email Address				
Schools Attended (Begin with current school)				
Grade(s)	School Name	Location (city/country)	Language(s) of Instruction	Dates Attended mm/yy – mm/yy

Please complete all parts of this application form



Parent Information		
MOTHER		
Family Name	First Name	Nationality & Citizenship
Company Name		Position
Mother Signature	Cell Number	Email
FATHER		
Family Name	First Name	Nationality & Citizenship
Company Name		Position
Father Signature	Cell Number	Email

GUARDIAN (If Applicable)		
Family Name	First Name	Nationality & Citizenship
Guardian Signature	Cell Number	Email
Address in Tianjin		



INTERNATIONAL
SCHOOL of TIANJIN

Weekly

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IST HEALTH AND
WELLBEING

DEAM OCTOBER

Push-up Challenge

***ARE YOU JOINING US IN
THE 30 DAY PUSH-UP
CHALLENGE!***



30 Day Push Up Challenge for Beginners

Day 1 - 2 Sets of 5 Push Ups	Day 16 - 5 Sets of 5 Push Ups
Day 2 - 2 Sets of 6 Push Ups	Day 17 - 5 Sets of 6 Push Ups
Day 3 - 3 Sets of 4 Push Ups	Day 18 - 5 Sets of 7 Push Ups
Day 4 - 3 Sets of 5 Push Ups	Day 19 - 6 Sets of 5 Push Ups
Day 5 - 2 Sets of 4 Push Ups Recovery	Day 20 - 4 Sets of 4 Push Ups Recovery
Day 6 - 3 Sets of 5 Push Ups	Day 21 - 6 Sets of 5 Push Ups
Day 7 - 3 Sets of 6 Push Ups	Day 22 - 6 Sets of 6 Push Ups
Day 8 - 3 Sets of 7 Push Ups	Day 23 - 6 Sets of 7 Push Ups
Day 9 - 4 Sets of 5 Push Ups	Day 24 - 7 Sets of 5 Push Ups
Day 10 - Rest Day	Day 25 - Rest Day
Day 11 - 4 Sets of 5 Push Ups	Day 26 - 7 Sets of 5 Push Ups
Day 12 - 4 Sets of 6 Push Ups	Day 27 - 7 Sets of 6 Push Ups
Day 13 - 4 Sets of 7 Push Ups	Day 28 - 7 Sets of 7 Push Ups
Day 14 - 5 Sets of 5 Push Ups	Day 29 - 2 Sets of 5 Push Ups Recovery
Day 15 - 3 Sets of 4 Push Ups Recovery	Day 30 - 5 Sets of 10 Push Ups Final Day Challenge

Fitness House





THE HIDDEN KEY TO ACADEMIC SUCCESS

The Power of Nature: Outdoor Learning and Its Benefits

In our fast-paced, technology-driven world, it's easy to overlook one of the simplest yet most profound tools for academic success: nature. Spending time outdoors is more than just a break from screens—it's a powerful way to enhance cognitive, emotional, and physical well-being. In this article, we'll explore how engaging with nature can boost focus, creativity, and problem-solving skills, while also improving mood and overall health.

Nature and the Brain: The Research-Backed Benefits

1. Improved Focus and Attention

Studies show that spending time in natural environments restores attention and reduces mental fatigue. Known as the "Attention Restoration Theory," this concept highlights how nature helps the brain recover its ability to concentrate after prolonged periods of focus. Students who regularly engage with nature are better equipped to tackle academic tasks with clarity and persistence.

2. Enhanced Creativity and Problem-Solving

Nature has been shown to spark creativity and promote innovative thinking. Research from cognitive psychology suggests that being outdoors allows the mind to wander and explore new ideas, fostering creative problem-solving. Whether it's brainstorming for a project or finding solutions to complex problems, a walk in the park can unlock fresh perspectives.

3. Stress Reduction and Emotional Regulation

Natural settings have a calming effect on the mind, reducing stress levels and promoting emotional resilience. Exposure to greenery and open spaces triggers a relaxation response in the body, lowering cortisol levels and enhancing mood. This emotional balance is crucial for academic success, as it helps students manage challenges with a clear and calm mindset.





Outdoor Activities That Combine Learning and Physical Health

1. Nature Walks

A simple nature walk can double as an educational experience. Students can explore local ecosystems, identify plants or animals, and learn about environmental science while getting exercise. These walks can also serve as a moment of mindfulness, allowing students to reconnect with their surroundings.

2. Outdoor Experiments

From measuring the pH level of a nearby stream to studying the effects of sunlight on plant growth, outdoor experiments bring classroom concepts to life. These hands-on activities make learning engaging and memorable while encouraging curiosity.

3. Team Activities in Nature

Group activities like scavenger hunts, outdoor problem-solving challenges, or team-building exercises in natural settings foster collaboration and critical thinking. These activities help students build social skills while staying active.

The Role of Sunlight in Sleep and Mood

Sunlight plays a significant role in regulating sleep and mood, both of which directly impact academic performance:

- **Sleep Regulation:** Exposure to natural light helps regulate the body's circadian rhythm, making it easier to fall asleep at night and wake up refreshed in the morning. Students who spend time outdoors during the day often report better sleep quality, which is essential for memory consolidation and focus.
- **Mood Enhancement:** Sunlight boosts the production of serotonin, a hormone that contributes to feelings of happiness and well-being. This mood boost can improve motivation, reduce anxiety, and create a positive outlook on learning.



Integrating Outdoor Learning into Daily Routines

1. At School

- o **Outdoor Classes:** Schools can incorporate outdoor lessons in subjects like science, art, or even math. For example, geometry lessons can include measuring angles in natural structures, while art classes can focus on sketching landscapes.
- o **Recess and Physical Education:** Encouraging active play and sports in outdoor settings gives students a chance to recharge while reaping the cognitive benefits of nature.



2. At Home

- o **Family Nature Outings:** Parents can plan regular family hikes, visits to parks, or gardening activities. These not only promote physical health but also provide opportunities for bonding.
- o **Daily Outdoor Time:** Even a short 20-minute walk after school can help students decompress and prepare for homework with a refreshed mind.

3. In the Community

- o **Community Programs:** Local nature centers or environmental organizations often host outdoor educational activities like wildlife tours, workshops, or clean-up events.
- o **Active Transportation:** Walking or biking to school is another simple way to incorporate outdoor time into daily life while promoting physical fitness.

Conclusion: Reconnecting with Nature for Academic Success

Nature is one of the most accessible tools for enhancing academic performance. By improving focus, creativity, and emotional well-being, outdoor experiences empower students to approach learning with renewed energy and enthusiasm. Whether it's a walk in the park, a hands-on science experiment, or simply soaking up some sunlight, time in nature is an investment in both academic and personal growth.

As we continue this series, let's carry this reminder: the natural world isn't just a backdrop for our lives—it's a powerful partner in our journey toward success.

Stay tuned for our next article: **The Role of Social Connections in Academic Success.**



INTERNATIONAL
SCHOOL of TIANJIN

Weekly

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Join Us! Lingnan University, Hong Kong – Information Session at IST  
THE ONLY PUBLIC LIBERAL ARTS' UNIVERSITY IN THE CITY

JOIN US!

LINGNAN UNIVERSITY INFORMATION SESSION



Lingnan
嶺南大學
UNIVERSITY

NOVEMBER 3, 2025

1:10 PM – 1:50 PM

HAN Tc

Note : Liberal arts refers to a broad field of study that encompasses various disciplines, including the humanities, social sciences, and natural sciences. The goal of a liberal arts education is to cultivate critical thinking, creativity, and effective communication skills, fostering well-rounded individuals who can engage with complex ideas and societal issues. A liberal arts university is an institution that prioritizes this holistic approach to education, offering a diverse curriculum that encourages exploration across multiple fields. By emphasizing interdisciplinary learning, liberal arts universities prepare students not only for specific careers but also for informed citizenship and lifelong personal growth.

Discover your future at Lingnan



IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Library Week

We hope your children enjoyed the Library Week activities! We kicked off the week with DEAR (Drop Everything And Read) sessions, which encouraged students to immerse themselves in the joy of reading. We were also excited to introduce this year's nominees for the Panda Book Awards, which are now available for students to explore. Our library assembly highlighted the theme "Book an Adventure," inspiring students to discover new books and celebrate their favorite stories. Thank you for your support in making Library Week a fun and memorable experience for our young readers. Book Character costume photos to come next week!

And just a reminder that we have UK author **Stephen Davies** presenting at assemblies and workshops for students in ELC through Grade 8 next week on **Mon, Nov. 3 and Tue, Nov. 4**. Parents are welcome to join us at one of the assemblies on Monday in the theater, at 9am (ELC-grade 2) or 10:10am (grades 3-5). Please scan the QR code on the order form if you would like to order some of the author's books.



Parent Book Club Dec. 2nd in the library

Our next Parent Book Club selection is the novel *My Brilliant Friend* by Elena Ferrante. We will meet in the library to discuss the book on December 2nd, at 8:30 am in the library. The library has copies of the book in English, Chinese, and Korean. A digital copy in English is also available upon request.

Please consider joining us in December for coffee, treats, and lively discussion—even if you didn't have a chance to read the book! Ask our library staff how to join our WeChat group, where we share information about the book club.



Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30



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Weekly

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AUTHOR VISIT / ORDER FORM

作者见面会订购单



Steve Davies writes picture books, chapter books, young adult novels and educational books. Many of his books are set in West Africa, particularly the Sahel region – the southern 'shore' of the Sahara Desert which includes parts of Mali, Burkina Faso and Niger. Steve Davies 撰写图画书、章节书、青少年小说和教育书籍。他的许多作品都以西非为背景，尤其是萨赫勒地区——撒哈拉沙漠的南岸，包括马里、布基纳法索和尼日尔的部分地区。



The Ancient Egypt Sleepover

Paperback
平装
Age: 8+
70RMB

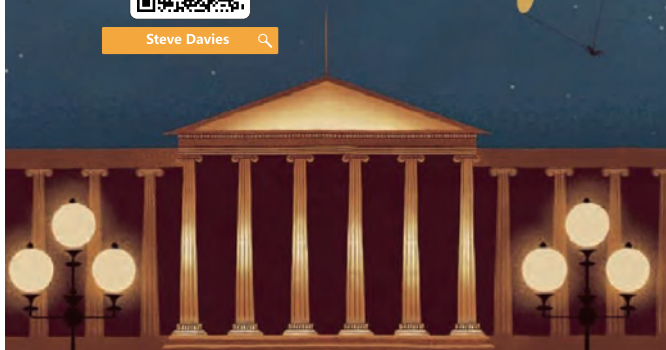


Survivor Titanic

Paperback
平装
Age: 8+
80RMB



Steve Davies



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02

Click the flag to choose
language → Shop
选择语言→进入商城



03

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→ Choose Author
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→ 作者签售菜单
→ 选择作者



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October Keeps on Giving! 🏆🎉

This past week, we had the **ISCOT Middle School Girls and Boys Football Tournaments**, bringing more excitement to an action-packed month. The boys' tournament was hosted by **TIS**, while the girls' games took place at **Wellington**.

A special highlight worth celebrating: In my four years here, this is the first time our **Middle School Boys** have won the **ISCOT Football Tournament** and finally triumphed over TIS!

Huge congratulations to our **Blazing Dragons**—what an incredible achievement!

🎉🔥🏆 Congrats Coach Wendy.

Here's a recap of all the thrilling matches—enjoy! 🎉

Boys MS

This football season has truly been about working, learning, and acting together, living the IST spirit. Our students embraced open-mindedness, returning to the fundamentals of skills and strategy. They were consistently coachable, welcoming guidance not only from me but also from Zesheng (G9) and William (G10), who generously dedicated their free time to help our team grow in both spirit and skill.

This weekend, every student showed a team-first mindset, encouraging one another and taking ownership on the field. Their friendliness and positive communication created a welcoming environment where all players felt included and accomplished. I believe that culture is a big reason we won the trophy, went undefeated, and received such positive feedback from other coaches and players about our fair play and sportsmanship.

Thank you to the whole team for being there for each other and for making this such a rewarding experience as a coach. Congratulations to all players!

Kind greetigns,





Girls MS

Another great performance from the girls may not have brought about the desired results on the scoreboard, but nonetheless they did a fantastic job and there has been incredible improvements since the start of the season. Notably we can now see fluent throw ins that are often putting the ball behind the opposition's first line of defense. Our set piece is much improved, with players creating chances and opportunities in front of the goal. We are also seeing more intent inside the opposition half, with several genuine break outs that we were unlucky not to convert.

Chae Won has led the team valiantly, and even after becoming injured she was a constant source of encouragement from the sidelines. The passion she brings to her game is admirable and lifts the entire team!

Claire showed real fighting spirit throughout this tournament. She was putting the opposition defense under pressure all the way until the end. She has a great work ethic.

Ayane has been a wall of strength in the back, making clearance after clearance. Her goal kicks and corner kicks are really becoming powerful and well-timed.

Fiona has blossomed into an increasingly confident goalkeeper. Her natural instincts allowed her to save at least a dozen ferocious shots on goal. Her quick turn around is also creating opportunities for us down the flanks.

Mariia has joined the team late in the season and has learned incredibly quickly. Watch this girl as a player of the future, she shows plenty of promise.

Chloe Liu delivered her most accomplished performance of the season. She is now beginning to trust the value of her own assertiveness, chasing down balls and making opportunities for herself.

Rachel now fully understands her role as a handy defensive mid-fielder. She has a knack for putting in timely kicks that genuinely disrupt the opposition attack.





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Chloe Wang was very busy , tracking the action all over pitch and contributing meaningfully throughout . Her cheerful attitude is also a quiet source of inspiration for her teammates.

Grace is an intelligent player who has an excellent ability to read the game. She positions herself cleverly and was often our last line of defense.

Finally, Estelle has been revelation this season. Starting as a defender, it has become obvious that her talents are more suited to the mid-field. Her astounding fitness has facilitated her to learn her new role very quickly . When Chae Won became injured, Estelle stepped up to take the all-important center middle position , which she did calmly and made all of her teammates proud !



Congratulations to all of the girls - let's go blazing dragons!





🔥 Blazing Dragons Weekend Recap – A Celebration of Sportsmanship and Success! 🔥

What an incredible weekend for our Blazing Dragons, filled with determination, learning, and outstanding performances across all tournaments! Here's how our teams fared:

🏸 Boys MS Badminton

The boys had a fantastic experience, showcasing their skills against some great players. While they didn't qualify for the next rounds, they played some exciting matches and gained valuable experience. A big learning opportunity for them!



🏸 MS Girls Badminton

The girls had a wonderful experience as well, with steep learning curves that will surely pay off in the future. Both the boys and girls showed resilience and growth throughout their matches.





● HS Volleyball Extravaganza at ISB



Our high school girls' Team B showcased remarkable determination and growth at the ISAC volleyball tournament on Saturday. While we faced tough competition, our performance improved with each match, highlighting our potential as a developing team. We had some fantastic rallies that showcased our perseverance and teamwork. This tournament marked our first experience playing together, and we're still learning to communicate effectively and understand each other's strengths. Moving forward, we'll focus on key skills for next year, such as consistently serving the ball over the net and adopting a more offensive strategy with the skills we've been practicing.

Each player contributed significantly during the tournament, showcasing their unique strengths and abilities: Nora, our captain, brought positive energy and exceptional setting skills; Alice demonstrated consistent serving and made impressive defensive plays; Vanessa provided strong defense at the net; Rio delivered powerful serves that challenged the opposition; Ruby was a rock in defense, chasing every ball; Sarah delivered great setting that gave our team offensive opportunities; Farida consistently made each serve count; and Miranda played with tremendous heart, even battling through an injury. We're proud of our efforts and excited to build on this experience for next year!



● HS Boys ISCOT Tournament at IST

The boys had a tough day on the court, often finding themselves battling their own nerves and consistency rather than their opponents. Despite the challenges, they showed flashes of brilliance and moments of cohesive teamwork that hint at the incredible potential within this group. While it wasn't their best performance, their talent and determination are undeniable. With a bit more confidence, focus, and the support of their fans, this team has the ability to rise to the occasion. They'll be heading to Nanjing soon, where they'll have another chance to prove what they're truly capable of. Let's rally behind them and bring out the best in our Blazing Dragons, your cheers can make all the difference! Keep believing, Dragons! 🐉🔥



● HS Girls Volleyball ISCOT Tournament at TEDA

The girls faced strong competition in the round robin, meeting their match in TEDA and narrowly missing the win. However, they powered through against Wellington and TIS with dominant attacking and serving pressure. In the final showdown for 1st place, IST took on TEDA once more, this time ready and determined. They turned the tables and crowned themselves ISCOT Champions once again! A phenomenal achievement well done!



🐉 A heartfelt thank-you to all coaches and chaperones for their dedication, effort, and support this weekend. Your guidance makes all the difference!

GO BLAZING DRAGONS! 🐉🔥



ACAMIS Volleyball Tournament Announcement

Attention IST community

We are thrilled to announce that we have started our **2025 ACAMIS Orange Division Volleyball Tournament**. Our teams are playing at **Nanjing International School (NIS)** to compete in this exciting event. A huge thank you to our coaches for accompanying the teams, and best of luck to all the athletes participating. Let's show our IST spirit, dedication, and teamwork on the court!

Tournament Website:

Don't forget to visit and share the **official tournament website** with your friends and families. The site will feature livestream links, daily updates to results, and all the latest tournament news.

🔗 ACAMIS Volleyball Website:
<http://hosts.nischina.org.cn/>

Let's cheer on our amazing teams and make this a memorable event for everyone involved!

Boys Team:

Zesheng, Xu Haoyang, Lucas, Sigge, Paul, Jun Seo, Chi Hyeok, Noah, Yun Tse, Ivan, Han Ho, William

Girls Team:

Manaka, Tung He, Crystal, Karin, Hanano, Nana, Zoe, Belize, Sisi, Vanessa, Nora, Zhifei

Kind regards,





Association of China and HongKong International Schools



ACAMIS ORANGE DIVISION VOLLEYBALL CHAMPIONSHIPS

NANJING OCT 30 - NOV 1 2025

THURSDAY 30 OCTOBER DAY 1					
GAME TIMES	COURT 1 (BLUE GYM)	COURT 2 (BLUE GYM)	COURT 3 (GREEN GYM)	COURT 4 (GREEN GYM)	
10:00 - 11:15	1 IST v TIS	2 HKA v NIS	Warm up Courts	Primary PE Class	
11:15 - 12:30	3 HKA v NIS	4 HBJ v SIS			
12:00 - 13:30	LUNCH BREAK (SKYWAYS)				
13:30 - 14:45	5 HBJ v TIS	6 HKA v IST	Warm up Courts	Primary PE Class	
14:45 - 16:00	7 NIS v SIS	8 HBJ v TIS			
16:00 - 17:15	9 HKA v IST	10 NIS v SIS			
17:15 - 18:30	11 HBJ v SIS	12 IST v TIS			
18:00 - 19:30	DINNER (CAFETERIA)				
FRIDAY 31 OCTOBER DAY 2					
9:00 - 10:15	13 HBJ v HKA	14 IST v NIS	15 SIS v TIS	Primary PE Class	
10:15 - 11:30	16 HBJ v HKA	17 IST v NIS	18 SIS v TIS		
11:30 - 13:00	LUNCH BREAK (SKYWAYS)				
12:30 - 13:45	19 NIS v TIS	20 HKA v SIS	21 HBJ v IST	Primary PE Class	
13:45 - 15:00	22 NIS v TIS	23 HKA v SIS	24 HBJ v IST		
15:00 - 16:15	25 IST v SIS	26 HBJ v NIS	27 HKA v TIS		
16:15 - 17:30	28 IST v SIS	29 HBJ v NIS	30 HKA v TIS		
SATURDAY 1 NOVEMBER DAY 3					
7:45 - 8:55	31 1 v 4	32 1 v 4	Warm up Courts		
8:55 - 10:05	33 2 v 3	34 2 v 3			
10:05 - 11:15	35 5 v 6	36 5 v 6			
11:00 - 13:00	LUNCH BREAK				
11:45 - 12:55	37 3rd PLACE	38 GIRLS FINAL	Warm up Courts		
13:00 - 14:10	39 BOYS FINAL	40 3rd PLACE			
14:30 - 15:30	AWARDS CEREMONY AND BANQUET (PAC)				
GIRLS	GIRLS		BOYS		
BOYS	4 th	4 th	4 th	4 th	
	5 th	5 th	5 th	5 th	
	6 th	6 th	6 th	6 th	
	3 rd	3 rd	3 rd	3 rd	
	2 nd	2 nd	2 nd	2 nd	
	Winner	Winner	Winner	Winner	



JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT

REHEARSALS IN FULL SWING FOR THE 2025 MUSICAL PRODUCTION!

*The stage is already buzzing with energy as rehearsals for this year's musical, **Joseph and the Amazing Technicolor Dreamcoat**, are well underway. Both cast and crew have been working hard to bring Andrew Lloyd Webber's colorful story to life — showing dedication, creativity, and teamwork along the way.*

Rehearsals Update

Our talented cast has been flying through rehearsals, learning new songs and choreography each week. So far, they have mastered singing nearly every song and half of the dances for the show. Students are rehearsing three times a week, demonstrating incredible commitment, collaboration, and enthusiasm as they prepare for opening night.

The cast has also been working closely with Miss Hannah Taylor, an ex-IST student, on the dance routines. Under her guidance, students have been exploring new dance styles and tackling more complex formations — often stepping far outside their comfort zones.

This week, rehearsals have taken an exciting turn as the cast began working on a shiny surprise element for Act Two — something that highlights some newly acquired performance skills and happens to be one of Miss Hannah's specialties. Stay tuned... it's going to dazzle!

Crew Update

Behind the scenes, our crew has been just as busy. Meeting each week, students are now deep in the exploration stage of their roles — brainstorming, researching, and digging into the script for inspiration. Their creative ideas are shaping how the story will be presented visually through lighting, sound, set, and costume design.

We're thrilled to be partnering with local community groups to make this production even more special. A local clothing company is collaborating with us on the Act Two costumes, while a local tailor is helping design some key costume pieces — including Joseph's iconic coat.

Our student technicians have also been putting their skills into action, recently completing their first live event by running all the sound, music, video, and lighting for the UN Day concert. This event was a fantastic test of their abilities — not only in technology but also in teamwork and communication, two essential skills for live performance.

Meanwhile, our set design team has been hard at work with Mr. Diegel, creating the major set pieces for the show. The group has nearly completed the first large piece of the set, which will appear at the end of Act One — a major milestone in the production process.

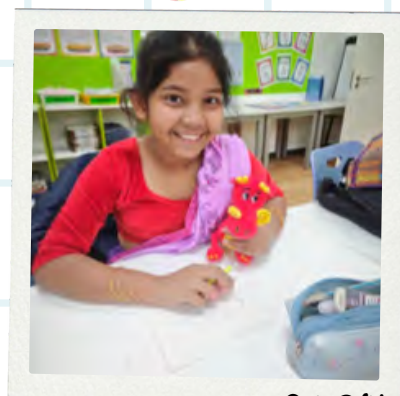
What's Next?

As we head into November, the pace will only pick up! Rehearsals will grow more intense as we polish songs, dances, and scenes. Keep an eye out for some exciting community engagement opportunities, a poster reveal, and a few surprise announcements coming soon.

Our students continue to embody the IST spirit of Learning, Working and Acting Together as they bring this ambitious production to life. The countdown to opening night is on — and we can't wait to share the magic with you all!



DouDou's Diary



Oct. 24th

Doudou feels included on UN Day by Taiyeba in 4C.



Oct. 24th

UN Day Doudou!



Oct. 24th

Doudou is ready for the UN Day Parade with 4C!



Oct. 24th

Doudou posing for 4C's UN Day Photo in the shared room.



INTERNATIONAL
SCHOOL of TIANJIN

Weekly

THE BLAZE

Working Learning Acting TOGETHER



			
Class	Day	Time	Place
Yoga	Monday Wednesday	8:15-9:15	Theater or Black box
English Corner	Monday	10: 00-11: 30	Elementary meeting room
Korean Class	Monday	1:30-3:00	Elementary meeting room
Spanish Class	Tuesday	1:00-2:00	Elementary meeting room
Zumba	Thursday	10:00-10:45	Theater or Black box
Chinese Corner	Friday	9:00-10:00	Elementary meeting room
Baby Dragon Playgroup	Tuesday	9:00-11:00	Nursery Classroom
Parents Workshop	Once a month	Flexible	Elementary meeting room



INTERNATIONAL
SCHOOL of TIANJIN

Weekly

THE BLAZE

Working Learning Acting TOGETHER



AIRBUS TOUR

6TH NOVEMBER, 2025



Discover Airbus with Us
An Exclusive Parents Experience!

FOR
SIGNUP



Time: 9:30AM Departure from IST



INTERNATIONAL
SCHOOL of TIANJIN

Weekly

THE BLAZE

Working Learning Acting TOGETHER



New Parents' Activity Class!

Hello Parents! 😊

**We're excited to introduce
a Guitar Class —
a great chance to learn
from an excellent instructor
and enjoy the joy of music!**

Please scan the QR code for more details.

Registration info will be shared soon in this chat.

We look forward to your participation! 🎵



THE BLAZE

Working Learning Acting TOGETHER

Community-wide Goal:

At IST we share a collective commitment to cultivate a vibrant community that embodies the spirit of open-mindedness as defined by the International Baccalaureate (IB). Within the unique context of our school and host city of Tianjin, our commitment is to further nurture and enhance an inclusive environment where we all critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We will seek and evaluate a range of points of view, listening with a genuine desire to understand, and with a willingness to grow from the experience.





Weekly Menu (N-G2) 27-31 Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Banana Bread Fruit Cut	Cheese Sandwich Fruit Cut
Kimbab 韩式饭卷 <i>Allergy: egg, seaweed</i>	Pork Dumplings 猪肉水饺 Stir fry Vegetable 炒时蔬 <i>Allergy: wheat</i>	Beef Lasagna 牛肉千层面 Stir fry Vegetable 炒时蔬 <i>Allergy: beef, milk, wheat</i>	Fried Chicken 炸鸡 Egg Fried Rice with Vegetables 鸡蛋蔬菜炒米饭 <i>Allergy: wheat, egg</i>	Spaghetti Bolognese 意大利肉酱面 Stir fry Vegetable 炒时蔬 <i>Allergy: wheat, beef</i>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 每周营养分析	Energy 热量 (Kcal) 719	Protein 蛋白质 (g) 26	Carbohydrate 碳水 (g) 115	Fat 脂肪 (g) 22

3-7 Nov

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Cookies Fruit Cut	Banana Bread Fruit Cut	Carrot Cake Fruit Cut	Ham Sandwich Fruit Cut
Pizza Margherita 芝士比萨 Stir fry Vegetables 炒时蔬 <i>Allergy: wheat, cheese</i>	Beef and Tomato Curry 番茄咖喱牛肉 Stir fry Corn 炒玉米粒 <i>Allergy: soy sauce, coconut milk, beef</i>	Steamed Pork Dumplings 小笼包 Stir fry Vegetable 炒时蔬 <i>Allergy: wheat</i>	Fried Rice with Ham and Egg 火腿鸡蛋炒饭 Stir fry Vegetable 炒时蔬 <i>Allergy: egg</i>	Grilled Chicken in Pita Bread 烧饼夹鸡肉 Stir fry Shredded Potatoes 清炒土豆丝 <i>Allergy: wheat</i>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 每周营养分析	Energy 热量 (Kcal) 722	Protein 蛋白质 (g) 29	Carbohydrate 碳水 (g) 108	Fat 脂肪 (g) 20

Weekly Menu (G3-G12) 3-7 Nov

Monday	Tuesday	Wednesday	Thursday	Friday
Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Pizza Margherita 芝士比萨 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 土豆角 <i>Allergy: wheat, cheese</i>	Cajun Grilled Fish with Cheese 卡真芝士烤鱼 Baked Vegetables 烤时蔬 Roasted Potatoes 烤土豆 <i>Allergy: fish, cheese</i>	Chili Con Carne 墨西哥炒牛肉馅 Steamed Black Beans 蒸黑豆 <i>Allergy: beef, soy sauce</i>	Turkish Shawarma 土耳其烤鸡腿肉 French Fries 薯条 <i>Allergy: wheat</i>	Moroccan Beef Balls Stewed 摩洛哥牛肉丸 Stir fry Vegetable 炒蔬菜 Mashed Potatoes 土豆泥 <i>Allergy: beef, milk</i>
Stir Fried Tomato with Egg 西红柿鸡蛋 Sauteed Spicy String Beans 干煸豆角 Steamed Rice 米饭 <i>Allergy: egg, soy sauce</i>	Ground Beef and Tomato Curry 番茄咖喱牛肉 Stir fry Vegetables 炒时蔬 Steamed Rice 米饭 <i>Allergy: beef, soy sauce, coconut milk</i>	Thai Basil Stir- Fried Chicken 泰式罗勒炒鸡肉 Stir fry Vegetables 炒时蔬 Steamed Rice 米饭 <i>Allergy: fish sauce</i>	Stir Fried pork with Kimchi 辣白菜炒猪肉 Stir fry Vegetables 炒时蔬 <i>Allergy: soy sauce</i>	Pork Patty with Gravy 南煎肉饼 Stir fry Bean curd 辣炒豆干 Stir Fried Green Vegetables 蒜蓉青菜 <i>Allergy: soy sauce</i>
Spicy Ramen with Cheese 芝士拌拉面 Boiled Egg 煮鸡蛋 <i>Allergy: wheat, egg</i>	Tonkotsu Ramen 豚骨拉面 boiled Vegetable 煮蔬菜 <i>Allergy: wheat</i>	Pork Dumplings 猪肉水饺 Mixed Vegetables 素什锦/拌魔根粉 <i>Allergy: wheat</i>	Pad Thai with Shrimp 泰式炒河粉 Fried Mixed Vegetable 炒蔬菜 <i>Allergy: shrimp, fish sauce, peanut</i>	Grilled Chicken in Pita Bread 烧饼夹鸡肉 Stir Fried Potatoes 清炒土豆丝 Tossed Kelp Shreds 拌海带丝 <i>Allergy: wheat</i>
	Noodle with Tomato Sauce 番茄面 <i>Allergy: wheat</i>	Vegetable Dumplings 蔬菜水饺 <i>Allergy: wheat</i>	Pad Thai with Vegetables 泰式炒河粉 <i>Allergy: soy sauce, peanut</i>	Stir Fried Bean Curd 辣炒豆干 <i>Allergy: soy sauce</i>
Laver and Egg Soup 紫菜鸡蛋汤	Pumpkin Soup 南瓜汤	Red Bean Soup 红豆汤	Vegetable and Egg Soup 蔬菜鸡蛋汤	Tomato and Egg Soup 西红柿鸡蛋汤
Banana Bread 香蕉包	Cookies 饼干	Chocolate Cake 巧克力蛋糕	Cream Puff 奶油泡芙	Cookies 卡通饼干
Nutritional reading over the week 每周营养分析	Energy 热量 (Kcal) 776	Protein 蛋白质 (g) 32	Carbohydrate 碳水 (g) 116	Fat 脂肪 (g) 24



DIARY DATES

Wednesday - November 5, 2025
Musical Rehearsal (All Day)

Friday~Sunday - November 7~9, 2025
TIANMUN

Monday - November 17, 2025
Musical Rehearsal (All Day)

Thursday~Friday - November 20~21, 2025
Musical Production (Night Time)

Friday - November 28, 2025
Christmas Tree Lighting@RITZ

SPORTS DATES

1 November –
ACAMIS Volleyball
@ NIS
ISAC MS Football- U14 Boys @ BWYA; U14
Girls @ BCIS

10 November –
Sports Season 2 Starts
HSBB Practice 1

11 November –
MSVB Practice 1

13 November –
MSVB Practice 2
ISCOT ES Modified Basketball Exchange (G3-
5) @ TEDA

14 November –
CCA Session 1 Ends
HSBB Practice 2

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2025-2026 SCHOOL YEAR

Please take note of the following dates:

Season 1 Sport Schedule

- ☺ Starts Thursday, 4 September and ends Friday, 14 November
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Silvis – Athletics & Activities Director
(ben_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying – Activities Officer (CCA's) (ying_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang – Activities Officer (Sports) (durian_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 / extension 8150.