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WEEKLY

Working Learning Acting TOGETHER

2023-24 IST Community-wide Goal: Understanding and Promoting the Diversity of Knowledge (IBLP)

Our community welcomes and values the multiplicity of interests, ideas, and beliefs and values that exist within our international community living here in Tianjin, and beyond, and we are committed to providing a safe, open-minded, and inclusive environment for all. In embracing physical and socio-cultural diversity, we also champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepens conceptual understanding and intellectual growth and independence. We listen carefully when considering alternative points of view, and we are willing to grow and change as a result of sincere intellectual inquiry and discourse. We will engage with issues and ideas that have local and global significance, we challenge injustice, and we take personal and professional responsibility for our roles, responsibilities and actions, and their consequences.

Dear Parents

Rather frighteningly, today marks just three more weeks until the end of the school year. Now I know that I am probably the oldest person in our community, but time really does seem to be flying at a disproportionate rate to my advancing years! The good time news, however, is that our Grade 12 students concluded the final IB Diploma examination today, and now they too can reflect on how quickly the exams came and went, in spite of the incredible pressures that they faced. I am confident that this experience will hold our graduating students in great stead for the future, knowing that they have the grit to accomplish whatever they put their minds to. And I am pretty sure that the good times will start tonight!

A reminder that we will celebrate the ritual passage of our Grade 12 students from High School students to High School graduates and young adults at next week's Graduation Ceremony. All IST community members and friends are warmly invited to attend this special celebration to be held in the Han Theatre on Friday evening, 24 May, from 4:00P until 5:30PM.

Hopefully our Grade 9-11 students will be inspired by the efforts of our Seniors, and that they too will embrace the challenge of the end of semester examinations scheduled throughout next week. I encourage parents to support their children by making sure that they have developed a study plan for the week, and that they continue to eat well, exercise and get plenty of sleep! I have every confidence that our High School students will do very well indeed!

With the end of year racing up upon us, things are going to get rather busy. A few quick reminders:

- All library books should be returned to school by next Friday (24th)
- All CCAs end next Friday (24th)
- The Elementary Spring Show, this year titled 'The Jukebox Party' is scheduled for Wednesday evening (22nd), and will run from 6:30PM to 7:30PM. Do come along and enjoy the entertainment!

While the end of year is exciting in many ways —the holidays are coming and students graduate or move to higher grades—it is also a bitter-sweet time as friends and families plan to repatriate or move to new cities and schools. This can be a difficult time for departing and returning students alike, and while we did hold a transition meeting for departing families at

school earlier today, we encourage parents to continue talking with their children about the emotional challenges associated with saying goodbye to friends and the anxiety of moving to new schools and countries, and should you need support to please do feel free to contact our emotional guidance

counsellor Ms. Jiang.

To our Grade 12 students, CONGRATULATIONS – YOU DID IT! I look forward to seeing our graduates and their families and friends –and many of you– at next Friday's ceremony.

Have a wonderful weekend!

Steve Moody Director

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WEEKLY

Working Learning Acting TOCETHER

the Parent Partnership

When we feel better about ourselves, we will deal better with our children. This week's Parent Partnership is specifically for our ever-supportive parents. I am sharing this affirmation which I received years ago with you all:

"When we take care of ourselves, we are better together. Know through it all: I will love you forever."

10 PARENTING MANTRAS TO DECOMPRESS

Self-care is not selfish.

O Sellish.

My attitude makes all the difference.

will atrive for n

I will strive for progress, not perfection.

7

I give myself permission to have ups and downs.

1

I forgive myself for my mistakes.

2

It's okay to not know everything.

2 State of the second s

I have everything I need to be a good parent.

4

Every day is a fresh start.

5

It is enough to do my best.

6

I trust in my decisions.

FRIDAY 17 MAY 2024

BLAZE



WEEKLY

Working Learning Acting TOCETHER

IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Library End-of-Year Dates

As the end of the school year quickly approaches, please keep these library dates in mind:



If your family will be staying in China for all or some of the summer holiday, we encourage you to take advantage of our **summer book checkout**. Students who wish to check out books over the summer must return a signed permission slip; these will go home next week. Students who return a signed permission slip may check out up to 20 library books over the summer holiday.

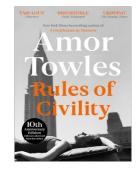
Used Book Sale

The library will be selling used books at the PFO picnic on Saturday, May 25th. Please stop by the PFO stall to check out our sale. All profits from book sales will support the library collection and programs.

Parent Book Club May 21st @ 8:30 a.m. in the library

Our next Parent Book Club selection is the novel *Rules of Civility* by Amor Towles. We will meet to discuss this book on Tuesday May 21st, in the library. The library has copies of the book in English, Chinese, and Korean. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.





WEEKLY

Working Learning Acting TOGETHER

Literacy Lab Sets New Record with 1,130 Visits!

We are thrilled to share some exciting news about our Literacy Lab! This year, we have set a new record with an incredible 1,130 visits. This remarkable achievement surpasses our previous record of 913 visits in a single year. Given that our secondary school has just over 200 students, this means that, on average, every student could have visited the lab more than five times this year!

What is the Literacy Lab?

For those who may not be familiar, the Literacy Lab is a vibrant, student-driven initiative designed to enhance literacy skills through a unique peer-coaching model. In the Literacy Lab, students work together to improve their reading, writing, and comprehension skills. Here, students do not act as tutors or teachers; instead, they serve as coaches, guiding their peers using a cognitive coaching approach. This method focuses on fostering critical thinking and problem-solving skills rather than simply providing answers or advice. Coaches engage their peers in thoughtful discussions, asking questions that encourage deeper understanding and self-reflection. This collaborative environment not only strengthens literacy skills but also builds confidence and fosters a sense of community among students.

Leadership Opportunities

The Literacy Lab also provides important leadership opportunities for students. Students may volunteer as coaches or take on roles as managers and supervisors. These managerial and supervisory positions carry tremendous responsibility, offering students real-world leadership experiences that will not only bolster their college applications but also prepare them for the challenges they will face in college and beyond.







FRIDAY 17 MAY 2024

BLAZE



WEEKLY

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Why is the Literacy Lab Important?

The Literacy Lab plays a crucial role in our school's mission to support student-led learning and development. By participating in the lab, students gain valuable skills that extend beyond the classroom. They learn to think critically, communicate effectively, and work collaboratively—skills that are essential for success in both academic and real-world settings.

Thank You for Your Support

This record-breaking achievement would not have been possible without the unwavering support of our teachers, parents, and community members. Your encouragement and involvement are vital to the success of our programs, and we are deeply grateful for your continued support.

As we celebrate this milestone, we look forward to even more successes in the future. Please continue to encourage your children to visit the Literacy Lab and take advantage of this wonderful resource. Together, we are making a lasting impact on our students' education and their future.









WEEKLY

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Science Fair

Join us for an exciting glimpse into the future of science at the Grade 8 Science Fair! Explore a variety of innovative projects, hands-on experiments, and creative displays showcasing our students' hard work and discoveries. It's a fantastic opportunity to support our young scientists, ask questions, and be inspired by their curiosity and enthusiasm. Don't miss this chance to celebrate science and learning with our school community!

Where: Han building second floor

When: Friday May 24th 11:30am – 1:50pm







WEEKLY

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Athletics

Join us as we relive the thrilling last MS Basketball ISAC tournament of the year, where teams from all around gathered in Harrow's Beijing. Divided into two fierce poules of four, our team set its sights on securing a top-two spot in our group, earning a chance to compete in the semifinals.



Despite a challenging journey that left us with little time to rally our spirits, we faced off against YCIS in our opening match. YCIS, well-prepared and waiting for us, displayed superior gameplay, outclassing us on the court. Undeterred, we regrouped and faced THIS with renewed determination. Demonstrating the lessons learned throughout the season, we triumphed over THIS convincingly, offering playing opportunities to every member of our bench.

The final game of our poule presented a make-or-break moment against Keystone. Armed with unwavering confidence, grit, and determination, we poured our hearts into the match. Though our efforts were valiant, fate dealt us a narrow defeat, with victory eluding us by a mere basket. Sadly, this meant we would not advance to the next stage of the tournament.

Nonetheless, we depart from this season and tournament with our heads held high. The invaluable lessons and growth we experienced will forever shape us as athletes and individuals.



In this moment, we extend our heartfelt gratitude to our coaches, who have dedicated their time and expertise to guide us throughout our journey at IST. We honor them as they step away from coaching, thankful for their unwavering support and mentorship.

As we bid farewell to this tournament, we celebrate the camaraderie, resilience, and sportsmanship that defined our team. Though the outcome may not be as we desired, the memories and bonds forged will forever endure. We walk away with our spirits lifted, knowing that our collective efforts have left an indelible mark on the court and in our hearts.

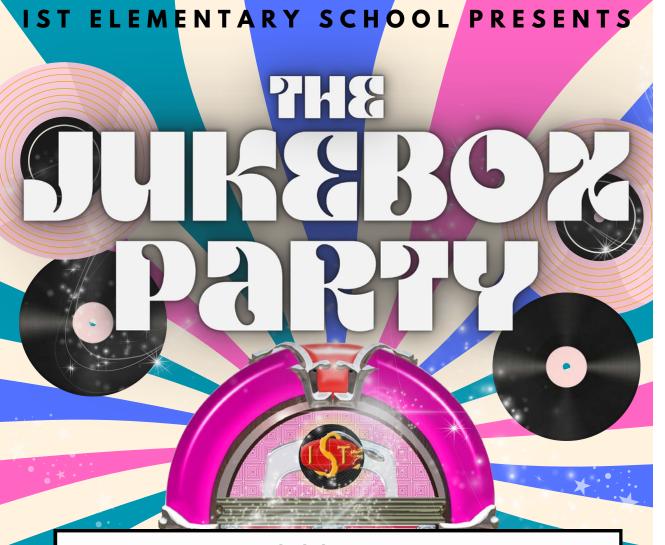
Friday 17 May 2024

BLAZE



WEEKLY

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BUS SCHEDULE

Bus 1 17:00 Aocheng – IST

Bus 2 17:00 Aocheng - 17:20 Haiyi Changzhou -

17:25 Crystal City – IST

Bus 3 17:00 Garden Villa (side gate) – 17:08

Fraser Place - IST

Bus 4 16:50 Ritz-Carlton - 17:00 Arcadia IST

Bus 5 16:45 Olympic Tower – IST

Buses will return to the above mentioned stops after the show (approximately 7.45pm)

WEDNESDAY 22 MAY, 2024, 6.30PM



WEEKLY

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Please come and Join in!
Wednesday
22nd May



9.00 - WELCOME AND PFO UPDATE

9.10 - DIRECTOR & PRINCIPAL INTRODUCTION

9.30 - UPCOMING EVENTS WITH PFO

TEACHER APPRECIATION DAY

Meeting held in the Teacher's centre on 2nd floor in Han building. Take the big black staircase to the left of the library.



WEEKLY

Working Learning Acting TOCETHER



PFO PICNIC

Saturday, May 25th 11:00 am - 3:00 pm

ACTIVITIES:

BBQS ARE AVAILABLE FOR GRILLING

Face Painting, Hair Dye, Tattoos, Water Fun, Football Game, Bubble Machine, Bouncy Castle

VENDORS:

Korean Chicken, Dmart, Trolley, LeCrobag Bakery, Clown & Cotton Candy, Man Pin Jian (MPJ), September, Business Tianjin, Mill café, Yummy Bakery

BRING A PICNIC BLANKET AND PACK YOUR LUNCH OR YOU CAN BUY FROM FOOD AND DRINK VENDORS AT THE EVENT!

Friday 17 May 2024

BLAZE



V E E K L Y

Working Learning Acting TOCETHER

ARN /E		MEN	U G2-G12	2	
	Monday 2024-05-20	Tuesday 2024-05-21	Wednesday 2024-05-22	Thursday 2024-05-23	Friday 2024-05-24
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Western From The Grill Station	Basil and Pine Nut Noodles 罗勒松子面	Grilled Chicken with Pepper Sauce 黑椒汁煎鸡排	Meat Loaf 牛肉面包	Chicken Burger 鸡肉汉堡	Spaghetti Bolognese 肉酱面
		Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒时蔬		Stir fry Vegetable 炒时蔬
	Stir fry Vegetable 炒时蔬	Sauteed Potatoes with Onion 洋葱炒土豆	Mashed Potatoes 土豆泥	French Fries 薯条	
	Allergy: milk,cheese, Pine nuts	Allergy: onion, black pepper sauce	Allergy: beef, herb, soya sauce	Allergy: chicken, flour, mayonnaise	Allergy: beef, cheese powder, tomato sauce, herb
Asian From The Wok/Noodle Station	Stir Fried Rice Noodles with Vegetables 星洲炒米粉	Braised Pork Taiwan Style 台湾卤肉	Kung Pao Chicken 宫保鸡丁	Noodle with Pork in Korean Bean Paste or Chili Pasta 韩式炸器而/火鸡面	Chicken Teriyaki 日式照烧鸡排
	Fried Eggs 煎鸡蛋	Stir fry Vegetable 炒蔬菜	Cauliflower with Tomato Sauce 番茄菜花	Fried Eggs 煎鸡蛋	Stir fry Cabbage 炒洋白菜
		Steamed Rice 米饭	Steamed Rice 米饭		Steamed Rice 米饭
	Allergy: egg	Allergy: pork, soya sauce,egg	Allergy: chili, leek, soya sauce	Allergy: egg, bean	Allergy: Soya sauce, green garlic, ginger, breadcrumb
Vegetarian		Stir Fried Potatoes with Carrots 炒土豆胡萝卜	Kung Pao Vegetable 宫保蔬菜	Korean vegetable miso soup 蔬菜大酱汤	Spaghetti with Tomato Sauce 番茄意大利面
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Borch 罗宋汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤
Dessert	Swiss Roll 瑞士卷	Mini Muffin 小玛芬	Mousse 木司	Carrot Cake 胡萝卜蛋糕	Chocolate Cake 巧克力蛋
Nutritional reading over the week		Energy 热量(Kcal)	Protein 蛋白质(g)	Carbohydrate 碳水化合物(g	
	每周营养分析	715	26	102	16
Nutritional recommendation营养建议		725	25	100	25

LEARN

MENU NURSERY-G1

	Monday 2024-05-20	Tuesday 2024-05-21	Wednesday 2024-05-22	Thursday 2024-05-23	Friday 2024-05-24			
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Vegetable Pie Fruit Cut	Cheese Sandwich Fruit Cut			
	Fried Rice with Egg 炒饭	Sauteed Chicken with Broccoli 西兰花炒鸡肉	Hot Dog 热狗	Teriyaki Chicken 日式照烧鸡排	Beef Balls with Gravy 烧汁牛肉丸			
Set Meal	Cauliflower with Tomato Sauce 番茄菜花	Vegetable Sticks 蔬菜条	Vegetable Sticks 蔬菜条	Cauliflower with Tomato Sauce 番茄菜花	Vegetable Sticks 蔬菜条			
	Vegetable Sticks 蔬菜条	Rice 米饭	Roasted Potato 烤土豆	Rice 米饭	Mashed Potato 土豆泥			
	Allergy: egg, soya sauce	Allergy: soya sauce	Allergy: flour, pork, soya sauce	Allergy: chicken, crumb, soya sauce	Allergy: beef, soya sauce			
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day			
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult			
Nutritional reading over the week		Energy 热量(Kcal)	Protein 蛋白质(g)	Carbohydrate 碳水化合物(g	Fat 脂肪(g)			
	每周营养分析	730	26	105	24			
Nutritional recommendation								
	营养建议	725	25	100	25			

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Chartwells

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DIARY DATES

Friday - May 17, 2024 Departing Families Session

Monday~Thursday - May 20~23, 2024 Secondary Exams (G9-11)

Wednesday - May 22, 2024 Spring Show (Evening) Teacher Appriational Day

Friday - May 24, 2024 Secondary Sports Day & Awards Assembly Library Books Returned

SPORTS DATES

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2023-2024 SCHOOL YEAR

Please take note of the following dates:

Season 3 Sport Schedule

- Starts Monday, 11 Mar and ends Friday, 24 May
- The program will run for approximately 10 school weeks
- O No CCAs during holidays and PTSCs (conferences)

Season three includes:

- HS Football Mondays and Fridays 15:30 17:00
- HS Badminton Mondays and Fridays 15:30 17:00
- MS Basketball Tuesdays and Thursdays 15:30 17:00

Please do not hesitate to contact our department with any questions.

- Mr. Kennedy Athletics Director (byron_kennedy@istianjin.org.cn)
- Mr. Silvis Activities Director(ben_silvis@istianjin.org.cn)
- Ms. Guo Ying Activities Officer (CCA's)(ying_guo@istianjin.org.cn)
- Ms. Durian Wang Activities Officer (Sports)(durian_wang@istianjin.org.cn)
- © Activity Office: telephone 022-28592003 / extension 8150.