

MENU NURSERY-G1

	Monday 2024-04-15	Tuesday 2024-04-16	Wednesday 2024-04-17	Thursday 2024-04-18	Friday 2024-04-19
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Cookies Fruit Cut	Banana Bread Fruit Cut	Vegetable Sandwich Fruit Cut
Set Meal	Margherita Pizza 比萨 Sweet Corn and Broccoli 玉米粒西兰花 Vegetable Sticks 蔬菜条 Allergy: flour, tomato sauce, cheese, herb	Grilled Sausage with Gravy 烧汁香肠 Vegetable Sticks 蔬菜条 Mashed Potato 土豆泥 Allergy: soya sauce, milk	Fried Rice with Chicken in Soya Sauce 酱油鸡肉炒米饭 Stir Fried Zucchini 番茄西葫 Vegetable Sticks 蔬菜条 Allergy: soya sauce	Pork Dumplings 猪肉白菜水饺 Sweet Corn and Vegetables 玉米粒炒蔬菜 Vegetable Sticks 蔬菜条 Allergy: flour, pork, soya sauce, green garlic	Baked Beef Macaroni 小弯牛肉面 Stir Fry Zucchini and Corn 西葫玉米 Vegetable Sticks 蔬菜条 Allergy: flour, beef, tomato sauce, herb
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult
Nutritional reading over the week	Energy 热量 (Kcal)		Protein 蛋白质 (g)		Carbohydrate 碳水化合物 (g)
每周营养分析	726		24		105
Nutritional recommendation	Energy 热量 (Kcal)		Protein 蛋白质 (g)		Carbohydrate 碳水化合物 (g)
营养建议	725		25		100
				Fat 脂肪 (g)	27
					25

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.