

# MENU NURSERY-G1

	Monday 2024-04-29	Tuesday 2024-04-30	Wednesday 2024-05-01	Thursday 2024-05-02	Friday 2024-05-03
Snack	<b>Yoghurt</b> <b>Fruit Cut</b>	<b>Carrot Cake</b> <b>Fruit Cut</b>		<b>Banana Bread</b> <b>Fruit Cut</b>	<b>Vegetable Sandwich</b> <b>Fruit Cut</b>
Set Meal	<b>Margherita Pizza</b> 比萨  <b>Sweet Corn and Broccoli</b> 玉米粒西兰花  <b>Vegetable Sticks</b> 蔬菜条  <b>Allergy: flour, tomato sauce, cheese, herb</b>	<b>Steamed Rice with Sausage</b> 广式香肠饭  <b>Stir Fried Cabbage</b> 炒洋白菜  <b>Vegetable Sticks</b> 蔬菜条  <b>Allergy: oyster sauce, soya sauce</b>		<b>Pork Dumplings</b> 猪肉白菜水饺  <b>Sweet Corn and Vegetables</b> 玉米粒炒蔬菜  <b>Vegetable Sticks</b> 蔬菜条  <b>Allergy: flour, pork, soya sauce, green garlic</b>	<b>Chicken burger</b> 鸡肉汉堡  <b>Vegetable Sticks</b> 蔬菜条  <b>Roasted Potato</b> 烤土豆  <b>Allergy: pork, soya sauce</b>
Fruit	<b>Fruit of the Day</b>	<b>Fruit of the Day</b>		<b>Fruit of the Day</b>	<b>Fruit of the Day</b>
Drinks	<b>Milk/Yoghurt/Yakult</b>	<b>Milk/Yoghurt/Yakult</b>		<b>Milk/Yoghurt/Yakult</b>	<b>Milk/Yoghurt/Yakult</b>
<b>Nutritional reading over the week</b>	<b>Energy 热量 (Kcal)</b>		<b>Protein 蛋白质 (g)</b>		<b>Fat 脂肪 (g)</b>
每周营养分析	726		25		27
<b>Nutritional recommendation</b>	<b>Energy 热量 (Kcal)</b>		<b>Protein 蛋白质 (g)</b>		<b>Fat 脂肪 (g)</b>
营养建议	725		25		25

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.