Weishan South Road, Shuanggang, Jinnan District Tianjin 300350 P.R.China Tel: 86 22 28592001 Email: Info@istianjin.org.cn www.istianjin.org

WEEKLY

Working Learning Acting TO CETTIER

2023-24 IST Community-wide Goal: Understanding and Promoting the Diversity of Knowledge (IBLP)

Our community welcomes and values the multiplicity of interests, ideas, and beliefs and values that exist within our international community living here in Tianjin, and beyond, and we are committed to providing a safe, open-minded, and inclusive environment for all. In embracing physical and socio-cultural diversity, we also champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepens conceptual understanding and intellectual growth and independence. We listen carefully when considering alternative points of view, and we are willing to grow and change as a result of sincere intellectual inquiry and discourse. We will engage with issues and ideas that have local and global significance, we challenge injustice, and we take personal and professional responsibility for our roles, responsibilities and actions, and their consequences.

Dear Parents

I am delighted to begin this week's edition of Blaze with a piece of truly wonderful news. You may recall that I wrote to you at the start of the school year to inform you that new Elementary EAL teacher Sara Derwish would have to return home to Sweden to undertake emergency medical treatment. We have been in regular contact with Ms. Derwish over the past few months and earlier this week she confirmed that she has been given the all clear to return to Tianjin. All going well, we fully expect to be able to welcome Ms. Derwish back to school by the end of the month – Welcome back!

Another piece of really positive news was that **our Emergency Telephone Tree practice this past Wednesday morning was almost flawless!** Thank you all so much for getting up early and supporting this community safeguarding exercise. I do know that parents sometimes wonder why we use mobile phones rather than WeChat, and the simple reason is that a telephone call is the only sure way to know that all of our community members have actually been alerted to a potential emergency situation; not all members of our community use WeChat, but most significantly a WeChat message can often go unnoticed for several hours, by which time children may have been inadvertently placed in harm's way. Thank you for your understanding and support!

I also want to thank parents for coming out to school last week to attend **Parent-Teacher-Student Conferences**. I trust that you enjoyed the opportunity to meet with your children's teachers and to learn more about their school experience and learning, and to set goals for the remainder of the semester. If by chance you were unable to attend, or missed a particular teacher, or felt you had insufficient time, you are very welcome to contact the school or the teacher to arrange an additional meeting time.

A reminder to all parents that we have engaged a mental health and wellbeing expert to spend two days with us in school next week. Dr. Hyatt, from CALM International in Beijing, will spend Wednesday in school, working with students and parents, and then Thursday working with our faculty. Dr. Hyatt will be delivering a parent presentation in the Han Teacher Center from 11:45AM through until 1:00PM on Wednesday, and parents are warmly welcomed to attend. Transportation has been arranged as follows:

Upcoming World Celebration Dates...

Sunday - November 5, 2023 Guy Fawkes Night

Guy Fawkes Night (also sometimes known as Bonfire Night) celebrates the foiling of an attempt to blow up the Houses of Parliament in London on November 5, 1605. The attack was planned by a group of Catholic conspirators, which included Guy Fawkes. Many people light bonfires and set off fireworks.

Saturday - November 11, 2023 Armistice Day/ Remembrance Day/ Veteran's Day

Armistice Day is commemorated every year on 11 November to mark the armistice signed between the Allies of World War I and Germany at Compiègne, France for the cessation of hostilities on the Western Front of World War I, which took effect at eleven o'clock in the morning—the "eleventh hour of the eleventh day of the eleventh month" of 1918.



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- 1 bus will depart Aocheng at 10:55AM, then Garden Villa at 11:00AM
- 1 bus will depart Riz-Carlton at 10:55AM, then Arcadia at 11:00AM
- 2 buses will return to the above locations at 13:10PM

A reminder to parents also, that Thursday and Friday are staff professional development days, and therefore students will not come into school! I wish you all a most enjoyable four day weekend!

Warm regards

Steve Moody



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the Parent Partnership

It can make us feel embarrassed or angry when our children are rude to us or others. But it's normal for children and teens to be rude sometimes as they are learning how to communicate and be kind. Therefore it's essential for us to validate their feelings before working out alternatives.

Instead of "Don't Be Rude" Try









"I don't love the way we're talking to each other. How about a do over?"



"We have guests over. What can we do to make them feel welcome?"



"Hmmm... I wonder if you can ask me the same thing another way?"



"If you don't want to do that, you can say 'No, thank you'."



FRIDAY 3 NOVEMBER 2023

BLAZE



WEEKLY

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IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Library Week

A highlight of Library Week was the Library Assembly and Book Character Dress Up Day. Here are a few photos from this fun day that was all about celebrating the magic of books!











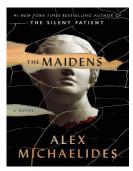








Parent Book Club-November 28th @ 8:30 in the library



Our next Parent Book Club selection is the novel *The Maidens* by Alex Michaelides. We will meet to discuss this book on November 28th, in the library. The library has copies of the book in English and Chinese. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.





WEEKLY

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WEEKLY

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Hard Rock

TIANJIN

MARRIOTT TIANJIN NATIONAL CONVENTION AND EXHIBITION CENTER 国家会展中心天津万豪酒店

CONRAD TIANJIN 天津康莱德酒店 **Business TIANJIN** 新心 TIAN XIN ESG & & 前前 INITIATIVE FISH & POTATO Cô
PIZZA BIANCA
SMOKI & Cº



WEEKLY

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The student cartoon by Chris Ham, Mi Na Son and Ju Yeop Park, is part of a CAS project for the IB Diploma Programme. As such, the cartoon engages with a complex matter in an effort to bring nuance and perspective to a sensitive topic. This is in keeping with our schoolwide goal where we, "champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepen conceptual understanding and intellectual growth and independence."



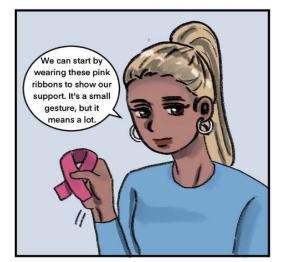
Breast Cancer Awareness Month

Illustrated by Mi Na Son G11
Written by Seung Woo Ham G12













WEEKLY

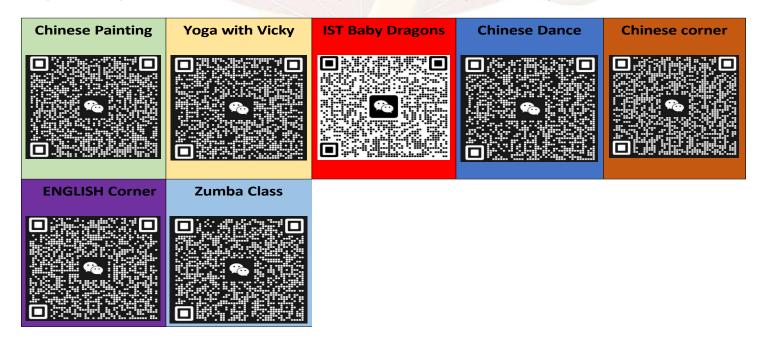
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ACTIVITIES FOR PARENTS

Several activities and classes are available for Parents at IST. Want to enjoy Yoga or Chinese dance? To meet with other parents and do an activity that you like? Do not hesitate, come and try!

Monday	Tuesday	Wednesday	Thursday	Friday
8:15/9:15am Yoga with Vicky 80rmb/class	9:00/11:00am IST Baby Dragons Playgroup FREE Under 4's PFO Room	8:15/9:15am Yoga with Vicky 80rmb/class	8:15/9:15am Yoga with Vicky 80rmb/class	8:30/10:00am Chinese corner Free
9:30/11: 30am English corner FREE ELEMENTRAY MEETING ROOM	9:30am/12am Chinese Painting 5 & below100-110 rmb/class 6 above 50- 80even/class depending on the number of participants	10:00/10:50AM Zumba class ¥ 60/per person THEATER		
	9:30/11:00am Chinese Dance 60-80rmb/class			

All classes are held at IST, Black Box (Yoga/Chinese Dance) and in the room opposite to PFO room (Yoga/Painting). Scan the below QR codes to join the We Chat groups and get more information.





WEEKLY

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Food theme: 🔓 The Russian Cooking class 🔓

Menu:

1.Eggplant rolls

2.Borsh

3. Stuffed Bell Peppers

4. Chocolate sausage









When: 15th Nov 9:30am-2pm

Where: IST Elementary Kitchen

Host: Mayya Sinyushkina

Cost: 100 RMB per person

Please join the WeChat group by scanning this QR code: Max 16 participants, first-come first-served.





W E E K L Y

Working Learning Acting TOCETHER

RN		MEN	U = G3 - G12	<u> </u>	
	Monday 2023-11-6	Tuesday 2023-11-7	Wednesday 2023-11-8	Thursday 2023-11-9	Friday 2023-11-10
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
	Basil and Pine Nut Noodles 罗勒松子面	Pan-fried chicken steak with onions 煎鸡排洋葱汁	Pan-fried beef patties with gravy 煎牛肉饼配肉汁	Chicken Burger 鸡肉汉堡	Spaghetti Bolognese 肉酱面
	Vegetarian Shepherd's Pie 蔬菜派	Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒时蔬		Stir fry Vegetable 炒时蔬
	Stir fry Vegetable 炒时蔬	Herb Baked Potatoes 香草烤土豆	Fried potato wedges 炸土豆角	French Fries 薯条	
	Allergy: milk,cheese, Pine nuts	Allergy: onion, soy sauce	Allergy: beef, pepper, onion, cumin	Allergy: chicken, flour, tomato, cucumber, lettuce, mayonnaise	Allergy: beef, cheesepowder, tomato sauce, herb
Asian From The Wok/Noodle Station	Noodle with Tomato and Egg Paste 西红柿鸡蛋面	Sweet and Sour Pork 咕噜猪肉	Braised Pork TaiwanStyle台湾卤肉	Korean miso soup 韩式大酱汤	Chicken Teriyaki 日式照烧鸡排
	Sliced Potatoes with Pepper 青椒土豆丝	Stir fry Vegetable炒蔬菜	Stir fry Vegetable 炒蔬 菜	boiled eggs 煮鸡蛋	Stir fry Cabbage 炒洋白菜
		Steamed Rice 米饭	Steamed Rice 米饭	Steamed Rice 米饭	Steamed Rice 米饭
	Allergy: wheat,egg	Allergy: wheat,flour	Allergy: pork, soya sauce,egg, potato, sugar	Allergy: egg, bean, pork	Allergy: Soya sauce, green garlic, ginger, breadcrumb
Vegetarian		pineapple vegetables 被夢炒时蔬	Stir Fried Potatoes withCarrots 炒土豆胡萝卜	Korean vegetable miso soup 蔬菜大酱汤	Spaghetti with Tomato Sauce 番茄意大利面
Soup	Tomato and Egg Soup 西红柿鸡蛋汤		Borch 罗宋汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤
Dessert	Swiss Roll 瑞士卷		Mousse 木司	Carrot Cake 胡萝卜蛋糕	Chocolate Cake 巧克力蛋
Nutrition	al reading over the week	Energy 热量(Kcal)	Protein 蛋白质(g)	Carbohydrate 碳水化合物(g	Fat 脂肪(g)
每周营养分析 Nutritional recommendation营养建议		715 725	26 25	102 100	16 25

MENU NURSERY-G2

	Monday 2023-11-6	Tuesday 2023-11-7	Wednesday 2023-11-8	Thursday 2023-11-9	Friday 2023-11-10
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Cookies Fruit Cut	Banana Bread Fruit Cut	Vegetable Sandwich Fruit Cut
Set Meal	Margherita Pizza 比萨	Sauteed Chicken with Broccoli 西兰花炒鸡肉	Baked Beef Macaroni 小弯牛肉面	Teriyaki Chicken 日式照烧鸡排	Hamburger 牛肉汉堡
	Sweet Corn and Broccoli 玉米粒西兰花	Vegetable Sticks 蔬菜条	Stir Fry Zucchini and Corn 西葫玉米	Cauliflower with Tomato Sauce 番茄菜花	Vegetable Sticks 蔬菜条
	Vegetable Sticks 蔬菜条	Rice 米饭	Vegetable Sticks 蔬菜条	Rice 米饭	Roasted Potato 烤土豆
	Allergy: flour, tomato sauce, cheese, herb	Allergy: soya sauce	Allergy: flour, beef, tomato sauce, herb	Allergy: chicken, crumb, cauliflower, tomato	Allergy: beef, onion, soya sauce
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult
Nutritional reading over the week		Energy 热量(Kcal)	Protein 蛋白质(g)	Carbohydrate 碳水化合物(g	Fat 脂肪(g)
	每周营养分析	726	24	105	27
Nutritional recommendation					
营养建议		725	25	100	25



Chartwells

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DIARY DATES

Thursday~Friday - November 9~10, 2023 Staff PD

Friday - November 10, 2023 Scholarship Announcement

Thursday~Friday - November 16~17, 2023 Musical Production

Friday - November 24, 2023 Christmas Tree Lighting@Shangri-La

SPORTS DATES

O2-O4 November - ACAMIS HS Volleyball Tournament Nanjing

O4 November -ISAC MS Football Tournament Beijing (Venues TBD)

Welcome to the IST Sports and Co-Curricular Activities (CCA) Program for the 2023-2024 school year

Please take note of the following dates:

Season 1 Sport Schedule

- Starts Monday, 4 Sep and ends Friday, 17 Nov
- The program will run for approximately 10 school weeks
- O No CCAs during holidays and PTSCs (conferences)

Season one includes:

- ⊕ HS Football -(Mondays and Fridays 15:30 17:00)
- MS Basketball-(Tuesdays and Thursdays 15:30 17:00)
- HS Badminton-(Mondays and Fridays 15:30 17:00)

Please do not hesitate to contact our department with any questions.

- Mr. Kennedy Athletics Director (byron_kennedy@istianjin.org.cn)
- Mr. Silvis Activities Director (ben_silvis@istianjin.org.cn)
- Ms. Guo Ying Activities Officer (CCA's)(ying_guo@istianjin.org.cn)
- Ms. Durian Wang Activities Officer (Sports)(durian_wang@istianjin.org.cn)
- © Activity Office: telephone 022-28592003 / extension 8150.