RLAZE

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WEEKLY

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2023-24 IST Community-wide Goal: Understanding and Promoting the Diversity of Knowledge (IBLP)

Our community welcomes and values the multiplicity of interests, ideas, and beliefs and values that exist within our international community living here in Tianjin, and beyond, and we are committed to providing a safe, open-minded, and inclusive environment for all. In embracing physical and socio-cultural diversity, we also champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepens conceptual understanding and intellectual growth and independence. We listen carefully when considering alternative points of view, and we are willing to grow and change as a result of sincere intellectual inquiry and discourse. We will engage with issues and ideas that have local and global significance, we challenge injustice, and we take personal and professional responsibility for our roles, responsibilities and actions, and their consequences.

Dear Parents

I hope that this email finds you all feeling well rested having enjoyed some quality time together with your families over the course of the National Holiday. Hopefully some of you also had an opportunity to travel here in China ... busy, but amazing nonetheless!

We are entering a really busy time here at school, and especially so with our interactions with other schools across China, highlighting, I believe, the prominent and respected position that our school has earned amongst China's international school community. Over the next two days we will have 35 students and teachers from across China travel to our school for an ACAMIS student event led by IST students on how to promote student agency, specifically through the process of establishing a Student Staffed and Managed Learning Center. Kudos to our Literacy Lab coaches, managers, and supervisors for the terrific work they do to support student leadership, agency and learning here at IST!

Next Friday I will host the Board of Directors of the Association of China and Mongolia International School (ACAMIS) of which I have been president over the past four years. The ACAMIS Board works to provide governance leadership to the association's executive office, in pursuit of our aims to enhance opportunities for students across our region to come together in both sporting and cultural enrichment activities, to provide professional development opportunities for not only teachers but also our local support staff, and to promote our shared ambition to use education to make our world a better place.

Following on from the ACAMIS Board meeting, IST will host the annual ACAMIS Technology Conference (21/22 October). The global education community is trying to wrap its head around interactions with artificial intelligence tools, immersive technologies, data and visualization, automation, creativity and design while also considering sustainability, wellness and diversity. As educators we can CHOOSE to embrace the unknown and approach new innovations with both excitement and prudent caution, and I am proud that our school is able to facilitate and support this journey with our international school colleagues here in China!

I am also pleased to share the news that I have engaged the Keynote speaker for the conference, Holly Clark, highly respected international speaker, bestselling author, and advocate for digital learning, to spend a day with our school community on Monday 23 October. Holly will meet with teachers, students (from G3 up), and parents to discuss how education might be reimagined ... "how we need to rethink teaching and learning in a World of AI." Next week I will send home a schedule so that you know what time Holly will be presenting to parents (likely around 11AM). Transportation will be provided. I HIGHLY recommend that you take this opportunity to come into school on Monday to listen and learn from this renowned and highly influential international speaker.

I wish you all the very best for a wonderful weekend!

Steve Moody Director

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the Parent Partnership

Human psychology is complex. Life presents countless challenges to us. Some things in life are out of your control. They can seriously disrupt your peace of mind. Don't let the things you cannot control drag you down, learn how to let go of them as soon as possible and give yourself a break. Children want to see happy parents waiting for them at home!

THINGS YOU CAN'T CONTROL:



Your child's emotions



Your child's actions



Your child's development

THINGS YOU CAN CONTROL:



Your emotions



Your actions



How you encourage their development

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IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Library Week

Library Week is coming up soon, from **October 23-27**. We have many fun activities planned for the week, including a book fair on October 25 & 26, the elementary library assembly on the 27th, and Book Character Dress Up Day on the 27th. There will be a costume parade during the library assembly on the 27th, so start planning your costumes!







Birthday Book Club

Happy Birthday, Ms. Park!

Thank you to Ms. Caroline Park, IST's Korean Liaison, for her birthday book donations to the library. She donated the Korean-language books *The Picture Bride (Aloha, My Mothers)* by Lee Geum Yi and *Inconvenient Convenience Store* by Kim Ho Yeon. These books will both be wonderful additions to the Korean-language section of the library. Thank you for your generous donation, and happy birthday, Ms. Park!





If you would like to celebrate a special birthday with the IST Library Birthday Book Club, please contact the librarians at linnea_simon@istianjin.org.cn or deb kienzle@istianjin.org.cn for more information on how to join.

Parent Book Club-October 17th @8:30 in the library



Our next Parent Book Club selection is the novel *Please Look After Mom* by Kyung-Sook Shin. We will meet to discuss this book after the National Holidays, on October 17th. The library has copies of the book in English, Chinese and Korean. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.



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October 23-21, 2023

"BOOKS ARE MAGIC"

- DAILY TRIVIA QUESTIONS to answer for a chance to WIN PRIZES!
- DEAR (Drop Everyting And Read) DURING THE WEEK!
- Launching THE NEW PANDA BOOKS for this year's PANDA BOOK COMPETITION!

Wednesday & Thursday (Oct. 25 & 26)

· BOOK FAIR

Friday (Oct. 27)

· CHARACTER DRESS UP DAY

Dress as Your Favorite 'book' Character!

ELEMENTARY will have an ASSEMBLY with a CHARACTER DRESS-UP PARADE to end the week



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ATHLETICS NEWS

What a whirlwind couple of weeks it has been for our school's athletics programs and the remarkable student-athletes who continually demonstrate their dedication and prowess on the field. The action-packed journey began just before the break, with our Middle School football teams embarking on an exhilarating trip to Beijing, where they eagerly participated in the ISAC football exchanges. Each of our teams displayed their improving skills and unwavering teamwork as they battled through three intense games.

Meanwhile, back in Tianjin, our Middle School badminton team left no shuttlecock unturned at the ISCOT Badminton Tournament, hosted by TEDA, where two of our talented doubles teams triumphantly secured first place in their respective age groups. As the week progressed, our athletes continued to light up the sports arena with spirited performances, taking on formidable opponents in Volleyball against TEDA before the break and Wellington on the first day back after the break.

Our middle school football teams completed their weekday league games against TEDA and Wellington and are now in full preparation for the two tournaments that remain in their season. Read on for a detailed account of these thrilling events from the perspective of our dedicated coaches.

Below is the write-up from our team coaches:

MS Girls Football (ISAC Exchange – Saturday 23 September)

On Saturday 23rd September, IST MS Girls travelled to Beijing to take part in the ISAC Exchange Tournament. After an early start, we arrived in Beijing for our first match at 9:30am.

Our first match was against CISB who attacked from the starting whistle and gave our goalkeeper a lot of work to do. We worked hard throughout the first half which ended 0-0 at half time. A quick change of tactics during the break put us ahead by one goal with Sofia scoring her first goal for IST! Shortly after that, Chae Won scored our second goal. The game ended 2-0 to IST.

Our second game kicked off at 10:40 against the host school - BCIS. This game was our most challenging of the tournament. The opposition were strong in all areas of the pitch and no matter how hard we tried; we could not break down their defence. The game ended 0-2 to BCIS.

The third and final match of the day kicked off at 11:50 against YCIS. The girls were tired and bruised from the previous matches but came out strong in the first half. The action was end to end, and with goals from Louise and Farah, the first half ended 2-1 to IST. With our confidence high, we came out in the second half hopeful of a win. The opposition however, had other ideas! They came out stronger and more determined and, in the end, snatched the win with a final score of 2-3 to YCIS

Well done to you all girls. It was a great first tournament of the season and you represented IST with pride and passion. – Ms. Lowrey





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MS Boys Football (ISAC Exchange – Saturday 23 September)

The early bird catches the worm as they say! The IST Middle School boys travelled to Beijing eager to put their training into full match practice. With an early start, the first game against BSB started off at a furious pace with both sides wanting to opening the scoring. Unfortunately, BSB scored two goals in quick succession, and this dented our confidence. As IST pressed to pull the score line level, BSB stole a third as the game ended in a 3 0 defeat.

With a change of formation and players, we faced a confident Hallow side. IST overran the midfield and scored a brilliant move with Bennoi calmly slotting the ball passed the goalkeeper. Minutes into the second half, the lead did not last long with an unfortunate own goal bringing the game level. As time pressed, Naif slotted home a crucial strike after creative work from Jakub and Bennoi. With two minutes left to play, Hallow pinched the ball in midfield and drove forward to a score an unjustified equalizer. The final score ended in a 2 2 draw.

Our final matched, pitted us against our local rivals, TIS first team. The game kicked off

with a string of opportunities for both sides, with IST spurning chances over the bar. IST struggled to get out of their own half after some early forays. Jadan and Naif dropped deeper and deeper in search of possession. Clinical attacks by TIS, resulted in IST conceding twice, then another cruel own goal resulted in a third. The referee blew the final ending the game with a 3 0 defeat.

We move on and upwards to our next games with lots to reflect and improve upon. The hard work starts now. – Mr. Lowrey



MS Girls Football (Tuesday 26 September)

On Tuesday 26th September, the IST MS Girls' team travelled to TEDA. After participating in a tournament over the weekend, we were all tired but still eager to play and, hopefully, secure another win. The opposition started the game very strongly, and a few defensive errors cost us dearly in the first half. As a result, the hosts ended the first half leading by 2 goals to nil.

After the halftime break, we made some strategic position shifts and launched a counterattack. As a result, we managed to score two excellent goals. The first goal came from Belize, who confidently smashed in a long-range ball. The second goal, assisted by Chae Won, was scored by Louise.

Unfortunately, the star player of the opposing team scored her third goal, ultimately securing the win for TEDA. The final whistle blew, marking a well-deserved victory for the host team. – Ms. Lowrey





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MS Boys Football (Tuesday 26 September)

On a hot Thursday afternoon, IST entertained TEDA. IST utilised their large squad and fielded two teams against an organised TEDA team. In the first half, IST probed and worked hard trying to unlock a stubborn TEDA defence. IST dominated possession and passed the ball well, but were unable to open the scoring. One rare chance fell to TEDA, but thankfully Nathan was alert to save the ball and keep the scores level at halftime.

With a complete change of team for the second half, IST continued to press hard and attack trying to find the opening goal. TEDA held strong and their minimal chances fell to counter-attacking an exposed defence. Jayden tried his magic to test the opposition goalkeeper at every opportunity, but to no avail. Our defence held tight, as fitness levels dropped in an exhausting afternoon. The game ended in a goalless draw with a good run out, with all the boys gaining valuable game time and experience. We learn and move on to our next game against Wellington on Thursday. — Mr. Lowrey



MS Badminton (ISCOT Tournament – Saturday 23 September)

Our talented badminton students recently showcased their skills and sportsmanship at the ISCOT MS Badminton Tournament, where the format exclusively featured doubles play. It was a competition that not only highlighted their dedication but also their remarkable improvement over time. As the shuttlecocks flew and the rallies intensified, our students demonstrated impressive prowess on the court. While they recognize the ongoing need to refine their skills, enhance focus, and bolster their concentration, our athletes left a lasting mark. Two dynamic duos, Sunny and Owen, and Angela and Claire, emerged as true champions in their respective age groups, clinching first place with dominant performances. These victories serve as a testament to the entire squad's hard work and determination, and we eagerly anticipate their continued growth as they prepare for the ISAC tournament which will feature both singles and doubles play. Congratulations to all our players for their outstanding efforts! – Ms. Xu (written by Mr. Kennedy)

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HS Girls Volleyball (Monday 25 September)

Monday's showdown on the volleyball court against TEDA was a valuable experience for our girls' volleyball team. In an exciting twist, TEDA sent not one but two teams to face our formidable squad. While our girls proved to be the stronger teams overall, this unique situation presented an invaluable opportunity to experiment with new tactics, strategies, and player combinations. With their sights set on the upcoming tournaments in Tianjin and Beijing, as well as the prestigious ACAMIS tournament in Nanjing, our dedicated athletes used this match to fine-tune their teamwork and communication skills. As they continue to strive for excellence, our girls are aiming to showcase IST's best performances at the upcoming

tournaments. – Ms. Lily

HS Boys Volleyball (Monday 25 September)

Our boys' volleyball team had to dig deeper than they probably should have as they faced a challenging test on the court against TEDA. After a rocky start, where they lost the first set, our athletes dug deep, rallied together, and came back to win both the second and third sets. It was a close affair in all three sets, however with the game on a knife edge at all times. Although the team secured their first victory of the season, they recognise that they must continue to refine their skills and strategies as they gear up for the upcoming ISAC and ISCOT tournaments, followed by the prestigious ACAMIS competition. The road ahead demands significant improvements, but with their tenacity and dedication, our boys are undoubtedly

up for the challenge. Stay tuned for their inspiring journey on the path to excellence! – Mr. Silvis





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HS Boys Volleyball (Monday 09 October)

On Monday our IST HS Boys' Volleyball team faced off against Wellington in their final league game of the season before the tournament season begins.

IST dominated the first set with a focused and mistake-free performance. They strategically controlled the game, utilizing their skills and teamwork effectively. Their strong offense, combined with solid defense, allowed them to gain a comfortable lead early on. IST maintained their momentum throughout the set, making no major mistakes, and eventually claimed victory in the first set.

In the second set, Wellington came back with an impressive start, catching IST off guard. ISTseemed to have lost their concentration, and Wellington took advantage of this opportunity, rapidly securing a significant lead at around 10-4. However, IST did not let their initial setback break their spirit. They regrouped, refocused, and managed to slowly claw their way back into the game. Through improved communication and coordination, they narrowed the point gap, equalized the score, and eventually emerged victorious in the second set, solidifying their overall win in the match. (Mr. Silvis)

HS Girls Volleyball (Monday 09 October)

The IST HS girls' volleyball team traveled to Wellington College for an exchange game on Monday. Unfortunately, IST girls received their first loss of the season, they were only 3 points behind WCIT for 2 sets. The girls showed good teamwork, communication, and collaboration throughout the gameplay, but struggled to maintain focus and execute their skills. It was a good game where our girls tried to implement the skills and tactics they have been working on in practice. Lessons were learned and this loss provides our girls with a great opportunity to grow and develop in order to make us a stronger team in the future.

This is a good opportunity for the team to be aware of the areas of improvement before the ISCOT tournament weekend. We will be working on these areas and hopefully get back to our winning ways at this Saturday's tournament.

Go IST, GO Blaze!

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New Merchandise for Schools

For this new school year, we have made some new IST sports water bottles and umbrellas, come by the advancement office (Han building 1st floor across from IT) to grab yours!





THE FRIDAY 13 OCTOBER 2023

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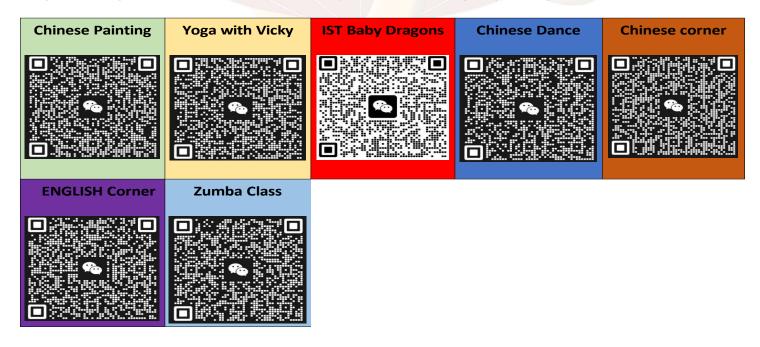
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ACTIVITIES FOR PARENTS

Several activities and classes are available for Parents at IST. Want to enjoy Yoga or Chinese dance? To meet with other parents and do an activity that you like? Do not hesitate, come and try!

Monday	Tuesday	Wednesday	Thursday	Friday
8:15/9:15am Yoga with Vicky 80rmb/class	9:00/11:00am IST Baby Dragons Playgroup FREE Under 4's PFO Room	8:15/9:15am Yoga with Vicky 80rmb/class	8:15/9:15am Yoga with Vicky 80rmb/class	8:30/10:00am Chinese corner Free
9:30/11: 30am English corner FREE ELEMENTRAY MEETING ROOM	9:30am/12am Chinese Painting 5 & below100-110 rmb/class 6 above 50- 80even/class depending on the number of participants	10:00/10:50AM Zumba class ¥ 60/per person THEATER		
	9:30/11:00am Chinese Dance 60-80rmb/class			

All classes are held at IST, Black Box (Yoga/Chinese Dance) and in the room opposite to PFO room (Yoga/Painting). Scan the below QR codes to join the We Chat groups and get more information.





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Food theme: The Chinese cooking class

Menu:

1.虎皮金钱蛋 Deep- fried boiled eggs

2.辣椒炒肉 Green pepper fried pork

3.小炒黄牛肉 Stir-fried beef

4.生焗香葱鸡 Slow cooked chicken with onions









When: 11th Oct 9:30am-2pm

Where: IST Elementary Kitchen

Host: Tammy

Cost: 100 RMB per person

Please join the WeChat group by scanning this QR code: Max 16 participants, first-come first-served.





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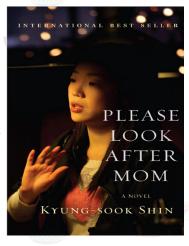
Come along to our monthly meet ups to discuss books and enjoy coffee & cakes!

This month's book is *Please Look After Mom* by Kyung-Sook Shin. The library has copies in English, Chinese and Korean.

Our next meeting is Tuesday 17th October at 8.30am in the Library.

Even if you haven't read the book come along.

Book suggestions welcome. Hope to see you there!







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Meeting held in the Teacher's centre on 2nd floor in Han building. Take the big black staircase to the left of the library.

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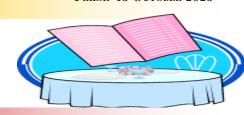


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RN		MENU	G3 - G12		
	Monday 2023-10-16	Tuesday 2023-10-17	Wednesday 2023-10-18	Thursday 2023-10-19	Friday 2022-10-20
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Western From The Grill Station	Pizza Margherita 芝士比萨	Chicken Schnitzel 炸鸡排	Beef Lasagna 牛肉千层面	Chicken Fajita 墨西哥鸡肉	Beef Goulash 红烩牛肉
	Stir fry Vegetable 炒蔬菜	Stir fry Vegetable 炒蔬菜	Stir fry Vegetable 炒蔬菜	Stir fry Vegetable 炒时蔬	
	Roasted Potatoes 土豆角	Roasted Potatoes 烤土豆	Roasted Potatoes 烤土豆	Roasted Potatoes 土豆角	Steamed Rice 米饭
	Allergy: flour, cheese, tomato sauce	Allergy: chicken, breadcrumb	Allergy: beef, cheese, onion, pepper, milk	Allergy: Cumin, cajun seasoning, pepper, sour cream, flour	Allergy: tomato sauce,bee
Asian From The Wok/Noodl e Station	Fried Rice Noodle with Egg 鸡蛋炒牛河	Noodle with Beef Soup 牛肉面	Chicken Curry 咖喱鸡	Noodles with Pork Soup 豚骨拉面	Indonesia Fried Rice with Chicken 印尼炒米饭配鸡肉
	Cucumber Salad 拌黄瓜	Boiled Vegetable 煮蔬菜	Stir fry Vegetable 炒时蔬	boiled Vegetable 煮蔬菜	Stir fry Vegetable 炒时講
		A CONTRACTOR OF THE PARTY OF TH	Steamed Rice 米饭		Shrimp Cracker 虾片
	Allergy: egg, seasame	Allergy: beef, flour	Allergy: chicken,curry paste, coconut milk	Allergy: flour,pork	Allergy: samba sauce, onion egg, ginger, shrimp cracke
Vegetarian		Noodles with Vegetable Soup 蔬菜面	Vegetable Curry 咖喱蔬菜	Noodles with Vegetable Soup 蔬菜面	Frice Rice with Soya Sauc 酱油炒饭
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Minestrone 通心粉汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤
Dessert	Banana Bread 香蕉包	Cookies 饼干	Swiss Roll 瑞士卷	Apple Pie 苹果派	Fruit Tart 水果塔
Nutritional reading over the week		Energy 热量(Kcal)	Protein 蛋白质(g)	Carbohydrate 碳水化合物(g)	Fat 脂肪(g)
每周营养分析		731	26	104	23
Nutritional recommendation营养建议		725	25	100	25

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MENU NURSERY-G2

	Monday 2023-10-16	Tuesday 2023-10-17	Wednesday 2023-10-18	Thursday 2023-10-19	Friday 2023-10-20	
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Vegetable Pie Fruit Cut	Cheese Sandwich Fruit Cut	
Set Meal	Stir Fry Noodles 炒面	Chicken Curry 咖喱鸡肉	Fried Rice with Vegetable and Egg 蔬菜鸡蛋炒米饭	Baked Fusilli w/Meat patty 螺旋面配牛肉饼	Pork Balls with Sweet and Sour Sauce 酸甜猪肉丸	
	Stir fry Vegetable 炒时蔬	Vegetable Sticks 蔬菜条	Grilled Chicken with Teriyaki Sauce 照烧鸡肉丁	Stir Fry Zucchini and Corn 西葫玉米	Stir fry Vegetable 炒时蔬	
	Vegetable Sticks 蔬菜条	Steamed Rice 米饭	Vegetable Sticks 蔬菜条	Vegetable Sticks 蔬菜条	Steamed Rice 米饭	
	Allergy: flour, soya sauce, oyster sauce	Allergy: coconut,curry paste	Allergy: egg, wheat	Allergy: Beef, onion, tomato sauce	Allergy: herb, tomato sauce	
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	
Nutritional reading over the week		Energy 热量(Kcal)	Protein 蛋白质(g)	Carbohydrate 碳水化合物(g	Fat 脂肪(g)	
每周营养分析		730	26	105	24	
Nutritio	Nutritional recommendation					
	营养建议	725	25	100	25	

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Chartwells

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DIARY DATES

Tuesday - October 24, 2023 UN Day

Wednesday~Thursday - October 25~26, 2023 Library Book Fair Parent Teacher Conferences (Afternoon)

SPORTS DATES

Saturday14 Oct -ISCOT MS Football Tournament (Boys @ IST; Girls @ WC)

Saturday 14 Oct-ISCOT HS Volleyball Tournament (Boys @ TIS; Girls @ TEDA)

> Saturday 21 Oct-ISAC MS Badminton Tournament Beijing (Boys @ ISB; Girls @ THIS)

Saturday 28 Oct -ISAC HS Volleyball Tournament Beijing (Boys @ WAB; Girls @ ISB)

O2-O4 November - ACAMIS HS Volleyball Tournament Nanjing

O4 November -ISAC MS Football Tournament Beijing (Venues TBD)

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2023-2024 SCHOOL YEAR

Please take note of the following dates:

Season 1 Sport Schedule

- Starts Monday, 4 Sep and ends Friday, 17 Nov
- The program will run for approximately 10 school weeks
- O No CCAs during holidays and PTSCs (conferences)

Season one includes:

- ⊕ HS Football -(Mondays and Fridays 15:30 17:00)
- MS Basketball-(Tuesdays and Thursdays 15:30 17:00)
- HS Badminton-(Mondays and Fridays 15:30 17:00)

Please do not hesitate to contact our department with any questions.

- Mr. Kennedy Athletics Director (byron_kennedy@istianjin.org.cn)
- Mr. Silvis Activities Director (ben_silvis@istianjin.org.cn)
- Ms. Guo Ying Activities Officer (CCA's)(ying_guo@istianjin.org.cn)
- Ms. Durian Wang Activities Officer (Sports)(durian_wang@istianjin.org.cn)
- © Activity Office: telephone 022-28592003 / extension 8150.