

2023-24 IST Community-wide Goal: Understanding and Promoting the Diversity of Knowledge (IBLP)

Our community welcomes and values the multiplicity of interests, ideas, and beliefs and values that exist within our international community living here in Tianjin, and beyond, and we are committed to providing a safe, open-minded, and inclusive environment for all. In embracing physical and socio-cultural diversity, we also champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepens conceptual understanding and intellectual growth and independence. We listen carefully when considering alternative points of view, and we are willing to grow and change as a result of sincere intellectual inquiry and discourse. We will engage with issues and ideas that have local and global significance, we challenge injustice, and we take personal and professional responsibility for our roles, responsibilities and actions, and their consequences.

Dear Parents

It is pretty difficult not to feel in good spirits at this time of the year, with the school year in full swing, with gorgeous early Autumn weather, and with a holiday break coming up in just one week, foreshadowed by a delightful **Zhongqiu** Elementary assembly this morning!

A reminder to all parents that the annual **PFO Community Picnic is scheduled for tomorrow, between 11AM and 3PM**. Please be sure to bring along your children and family and friends for a fun day in the sun together with other members of our international community here in Tianjin, and don't forget a picnic rug and lunch! But, if you happen to forget to pack a lunch there is no need to worry, as food vendors will be on-site to serve you! A big THANK YOU to the PFO Committee for arranging this special day for us all.

Last week I reminded parents that we have begun preparations for our annual **UN Day celebrations on Tuesday 24 October**. The day includes a parade of nations, an international concert, learning activities for students, and a delicious international lunch provided by parents (thank you!) One of the highlights is always the international concert with students, parents and staff perform items of national or cultural significance. We invite community members to perform, but we do need to control the number and quality of performances, and to this end we have a simple registration and audition process. **Please complete the form [HERE](#) to sign up for an audition spot.**

One of the philosophical pillars of our school and of our accrediting agencies (IB, CIS, and WASC) is a commitment to service learning and making our world a better place for us all. I am always inspired by the efforts of our students and their deep commitment to giving service to others and this week I wish to draw special attention to an initiative by senior students Annie and Yu-Chi who came to me last year with a service proposal that they called '**Redefining Pink**', a proposal that is now becoming a reality! On Monday you will receive an email from these wonderful students explaining the nature of their project (which will be institutionalized here at IST for the long-term future!) and how it is intended to benefit our community. This service initiative also aligns closely with our UN Day theme for the year, derived from UN Sustainable Development Goal #3: **Working, learning and acting together to ensure healthy lives and promote well-being for all**. Be sure to read on to find out more in the Redefining Pink flyer prepared by Annie and Yu Chi, and be sure to look out for their email on Monday!

Finally, just a little reminder that this year the **Mid-Autumn Festival Holiday** coincides with the **National Day 'Golden Week' Holiday**, and as a result we are having an extended break. The school holiday will run from Friday next week through to the Friday of the following week (no Blaze!), with our community enjoying a full 10 days of holiday time. **Students will return to school for classes on Monday 9 October.**



BLAZE

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WEEKLY

Working Learning Acting TOGETHER

I wish you all a most enjoyable Mid-Autumn Festival and National Day Holiday, and lots of yummy moon cakes (or perhaps Haagen-Dazs ice-creamy ones!)

Happy Mid-Autumn Festival! Zhōngqiū kuàilè! 中秋快乐!

Warm regards



Steve Moody
Director



Upcoming World Celebration Dates...

Saturday - Sep 23, 2023 Autumnal Equinox

The September equinox occurs the moment the Sun crosses the celestial equator – the imaginary line in the sky above the Earth's equator – from north to south. It is called an equinox because it occurs the sun shines directly on the equator and the length of day and night is nearly equal.

Sunday - Sep 24, 2023 Heritage Day of South Africa

Heritage Day on 24 September recognises and celebrates the cultural wealth of South Africa. South Africans celebrate the day by remembering the cultural heritage of the many cultures that make up the population of South Africa. Various events are staged throughout the country to commemorate this day.

Friday - Sep 29, 2023 Mid-Autumn Festival

The Mid-Autumn Festival is a harvest festival celebrated by ethnic Chinese people. The festival is held on the 15th day of the eighth month in the Chinese Han calendar. It is also called the Moon Festival, because of the celebration's association with the full moon on this night, as well as the traditions of moon worship and moon gazing; and Mooncake Festival, because of the popular tradition of eating mooncakes on this occasion.

Sunday - Oct 1, 2023 China's National Day

Commemorates the founding of the People's Republic of China PRC on October 1, 1949 with a ceremony at Tiananmen Square.

Monday - Oct 2, 2023 UN International Day of Non-violence

Gandhi Jayanti is a national holiday celebrated in India to mark the occasion of the birthday of Mahatma Gandhi, the "Father of the Nation". Mohandas Karamchand Gandhi (2 October 1869 – 30 January 1948) was the pre-eminent leader of Indian independence movement in British-ruled India. Employing non-violent civil disobedience, Gandhi led India to independence and inspired movements for civil rights and self-determination across the world. The United Nations General Assembly announced on 15 June 2007 that it adopted a resolution which declared that 2 October will be celebrated as the International Day of Non-Violence.

Tuesday - Oct 3, 2023 Germany's Re-unification Day

The Day of German Unity (Tag der Deutschen Einheit) commemorates the anniversary of German reunification in 1990, when the goal of a united Germany that originated in the middle of the 19th century, was fulfilled.

Tuesday - Oct 3, 2023 Korea's National Foundation Day

Celebrates the foundation of Gojoseon, the first state of the Korean nation. According to the Samguk Yusa, Dangun founded Gojoseon on the 3rd day of 10th lunar month, 2333 BCE. Today, South Koreans celebrate their national foundation on October 3 according to the solar calendar, for the sake of convenience.

Monday - Oct 9, 2023 Korea Hangul Day

Commemorates King Sejong's inventing Hangul (Korean Alphabet) in 1443.

the Parent Partnership

“No” is a strong word, quick on the lips and easy to say. Our children will hear us use this word often and we will hear it from our children as well. It’s necessary for a parent to learn how to say “no” to a child so the child can later say “no” to themselves.

Saying “no” is an important responsibility for parents. Our “nos” teach children important lessons about life and getting along.

Here are some strategies to positively say “No”.

6 Ways To Say "No" To Your Kids with Compassion

I wish I could,
but I really can't
right now.



My answer is no.
It's okay to feel
disappointed.



My job is to keep
you safe and for
that reason the
answer is no.



You wish you
could eat the ice
cream now.
I know waiting
can be hard.



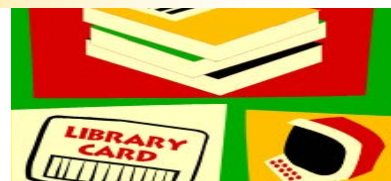
No, you can't be
in this room when
I'm on a work
call. I'll come out
right after.



There's no TV
today. I see
you're upset, I'm
here if you want
to talk about that.



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IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.



Library Week

Mark your calendars! Library Week is coming up October 23-27. We have many fun activities planned for the week, including a book fair on October 25 & 26, the elementary library assembly on the 27th, and Book Character Dress Up Day on the 27th. It's not too early to start planning your child's costume!



Birthday books

If you would like to celebrate a special birthday with the IST Library Birthday Book Club, please contact the librarians at linnea_simon@istianjin.org.cn or deb_kienzle@istianjin.org.cn for more information on how to join.

Parent Book Club—October 17th @8:30 in the library

Our next Parent Book Club selection is the novel *Please Look After Mom* by Kyung-Sook Shin. We will meet to discuss this book after the National Holidays, on October 17th. The library has copies of the book in English, Chinese and Korean. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.

REDEFINING PINK

WHO ARE WE?

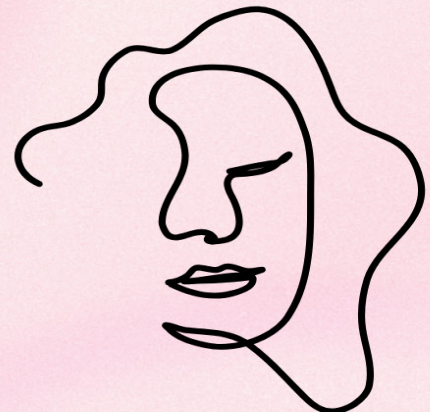
Redefining Pink is a student-led project dedicated to supporting females in the IST community. Our mission is to address the sanitary needs of female students, faculties, and parents during emergency situations.



WHAT DO WE DO?

Sanitary supplies will be available in designated bathrooms in both school buildings. These bathrooms will be indicated with a sticker of our logo on the door. Please kindly keep in mind that these products are for emergency use only, so please only take only what you need!

While we appreciate the kind support from our community, let's also shine a light on the global need for menstrual hygiene. A study by Harvard University reveals that 64% of women have faced challenges affording menstrual products. Together with the United Nations' Sustainable Development Goal on health and well-being, let's raise awareness and make a difference!



Please contact Annie and Yuchi from G12 for any questions or suggestions!

BLAZE



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The student cartoon by Chris Ham, Mi Na Son and Ju Yeop Park, is part of a CAS project for the IB Diploma Programme. As such, the cartoon engages with a complex matter in an effort to bring nuance and perspective to a sensitive topic. This is in keeping with our schoolwide goal where we, "champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepen conceptual understanding and intellectual growth and independence."

The purpose of this CAS project is to explore complex themes with care and attention to multiple points of view. The views expressed in the work are not necessarily representative of the International School of Tianjin.

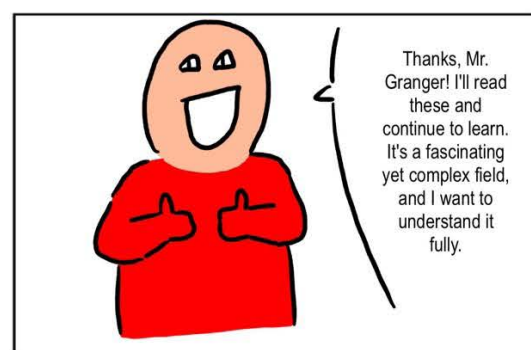
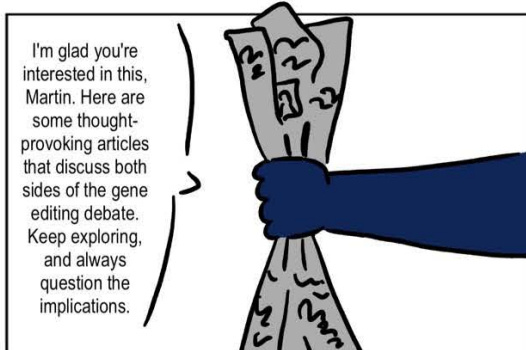
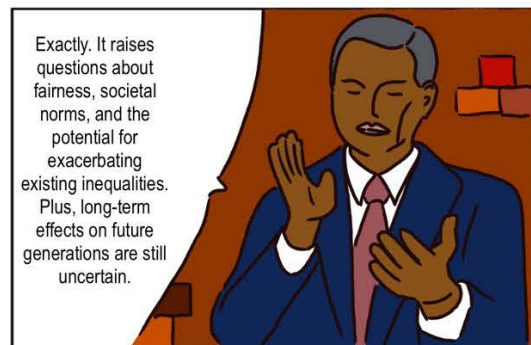
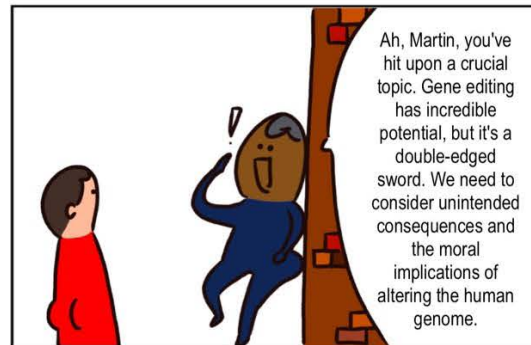
MEDI-COMICS



:Raising awareness of heated health issues

Written by Seung Woo Ham

Illustrated by Ju Yeop Park



New Merchandise for Schools

For this new school year, we have made some new IST sports water bottles and umbrellas, come by the advancement office (Han building 1st floor across from IT) to grab yours!



IST 2023 SPORTS WATER BOTTLE

SECURE LOCK

WITH STRAP

780 ML

¥38 FOR ONE
¥70 FOR TWO

***FOR COLD AND WARM WATER (≤50°C)**

THE

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FRIDAY 22 SEPTEMBER 2023

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ACTIVITIES FOR PARENTS

Several activities and classes are available for Parents at IST. Want to enjoy Yoga or Chinese dance? To meet with other parents and do an activity that you like ? Do not hesitate, come and try!

Monday	Tuesday	Wednesday	Thursday	Friday
8:15/9:15am Yoga with Vicky 80rmb/class	9:00/11:00am IST Baby Dragons Playgroup FREE Under 4's PFO Room	8:15/9:15am Yoga with Vicky 80rmb/class	8:15/9:15am Yoga with Vicky 80rmb/class	8:30/10:00am Chinese corner Free
9:30/11:30am English corner FREE ELEMENTARY MEETING ROOM	9:30am/12am Chinese Painting 5 & below 100-110 rmb/class 6 above 50- 80even/class depending on the number of participants	10:00/10:50AM Zumba class ¥ 60/per person THEATER		
	9:30/11:00am Chinese Dance 60-80rmb/class			

All classes are held at IST, Black Box (Yoga/Chinese Dance) and in the room opposite to PFO room (Yoga/Painting). Scan the below QR codes to join the We Chat groups and get more information.

<p>Chinese Painting</p>	<p>Yoga with Vicky</p>	<p>IST Baby Dragons</p>	<p>Chinese Dance</p>	<p>Chinese corner</p>
<p>ENGLISH Corner</p>	<p>Zumba Class</p>			



PFO PICNIC

**PLEASE
BRING YOUR
OLD WHITE
CLOTHES !**

Bright color clothes
are also Fine:)
Thank you for your
cooperation!

— from. SUSTAINABLE ART Action Group

September 23, 2023



PFO PICNIC

Bring a picnic blanket and pack your lunch or you can buy from food and drink vendors at the event!

SATURDAY, SEPTEMBER 23

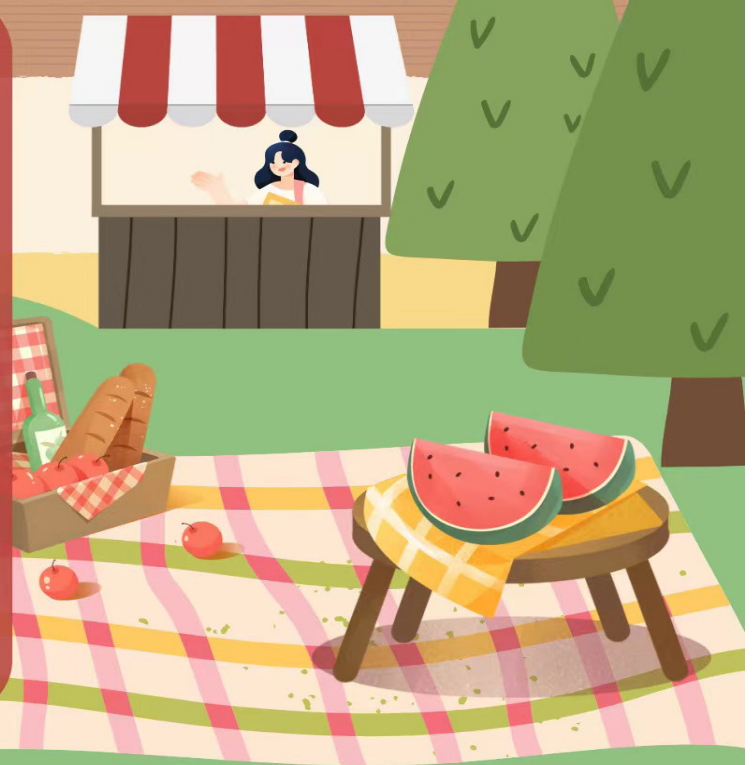
11:00AM~3:00PM

Activities:

- Face Painting
- Hair Dye
- Tattoos
- Water Fun
- Football Game
- Bubble Machine
- Tug of War
- Bouncy Castle

Vendors:

- Korean Chicken
- Dmart
- Trolley
- LeCrobag bakery
- Clown. & Cotton Candy
- Man Pin Jian (MPJ)
- Indian food
- Business Tianjin
- Richie's Bakery
- Yummy Bakery



BLAZE

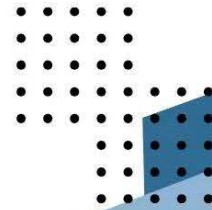


WEEKLY

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BOAT
TOUR

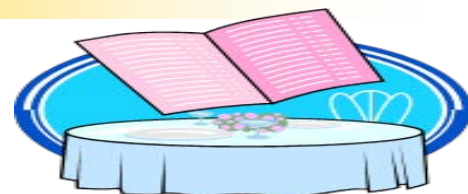
26 september

**BOAT TICKET
100 RMB**

Boat tour on Hai He

River, walk in Ancient
Culture Street and lunch
at Italian Street.Leaving IST at 8.30am
coming back at 3pm.Valid until 9/15 and will update upon joining
groupSCAN THE QR CODE
TO JOIN THE GROUP

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WEEKLY

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EAT LEARN LIVE MENU G3 - G12					
	Monday 2023-09-25	Tuesday 2023-09-26	Wednesday 2023-09-27	Thursday 2023-09-28	Friday 2023-09-29
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	
Western From The Grill Station	Pizza Margherita 芝士比萨 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 土豆角 Allergy: flour, cheese, tomato sauce	Chicken Schnitzel 炸鸡排 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: chicken, breadcrumb	Meat Loaf 牛肉面包 Stir fry Vegetable 炒时蔬 Mashed Potatoes 土豆泥 Allergy: beef, herb	Chicken Fajita 墨西哥鸡肉 Stir fry Vegetable 炒时蔬 Roasted Potatoes 土豆角 Allergy: Cumin, cajun seasoning, pepper, sour cream, flour	
Asian From The Wok/Noodle Station	Fried Rice Noodle with Egg 鸡蛋炒牛河 Cucumber Salad 拌黄瓜 Allergy: egg, sesame	Noodle with Beef Soup 牛肉面 Boiled Vegetable 煮蔬菜 Allergy: beef, flour	Chicken Curry 咖喱鸡 Stir fry Vegetable 炒时蔬 Steamed Rice 米饭 Allergy: chicken, curry paste, coconut milk	Noodles with Pork Soup 豚骨拉面 boiled Vegetable 煮蔬菜 Allergy: flour, pork	
Vegetarian		Noodles with Vegetable Soup 蔬菜面	Vegetable Curry 咖喱蔬菜	Noodles with Vegetable Soup 蔬菜面	
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Minestrone 通心粉汤	Tomato and Egg Soup 西红柿鸡蛋汤	
Dessert	Banana Bread 香蕉包	Cookies 饼干	Swiss Roll 瑞士卷	Apple Pie 苹果派	
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		731	26	104	23
Nutritional recommendation 营养建议		725	25	100	25

EAT LEARN LIVE MENU NURSERY-G2					
	Monday 2023-09-25	Tuesday 2023-09-26	Wednesday 2023-09-27	Thursday 2023-09-28	Friday 2023-09-29
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Vegetable Pie Fruit Cut	Cheese Sandwich Fruit Cut
Set Meal	Stir Fry Noodles 炒面 Stir fry Vegetable 炒时蔬 Vegetable Sticks 蔬菜条 Allergy: flour, soya sauce, oyster sauce	Chicken Curry 咖喱鸡肉 Vegetable Sticks 蔬菜条 Steamed Rice 米饭 Allergy: coconut, curry paste	Fried Rice with Chicken and Egg 鸡肉炒米饭 Vegetable Sticks 蔬菜条 Allergy: soya sauce	Hamburger 牛肉汉堡 Vegetable Sticks 蔬菜条 Roasted Potato 烤土豆 Allergy: beef, onion, soya sauce	
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		730	26	105	24
Nutritional recommendation 营养建议		725	25	100	25

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.

DIARY DATES

Saturday - September 23, 2023
PFO Picnic

Friday - September 29, 2023
Mid-Autumn Festival Day

Monday~Friday - October 2~6, 2023
National Holidays

Tuesday - October 24, 2023
UN Day

SPORTS DATES

23-Sep
ISCOT MS Badminton Tournament

25-Sep
HS Volleyball (vs TGA)

26-Sep
MS Football (vs TGA)

28-Sep
MS Football (vs WC)

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2023-2024 SCHOOL YEAR

Please take note of the following dates:

Season 1 Sport Schedule

- ☺ Starts Monday, 4 Sep and ends Friday, 17 Nov
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Season one includes:

- ☺ HS Football -(Mondays and Fridays 15:30 – 17:00)
- ☺ MS Basketball-(Tuesdays and Thursdays 15:30 – 17:00)
- ☺ HS Badminton-(Mondays and Fridays 15:30 – 17:00)

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Kennedy – Athletics Director
(byron_kennedy@istianjin.org.cn)
- ☺ Mr. Silvis – Activities Director
(ben_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying – Activities Officer (CCA's)
(ying_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang – Activities Officer (Sports)
(durian_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 / extension 8150.