



Influenza (Seasonal Flu) Vaccine 2009 Winter Season

What is Influenza (Seasonal Flu)?

Influenza (flu) is a respiratory disease caused by the influenza virus. The types, or strains, of influenza virus that cause the illness may change from year to year, or even within the same year. People who get flu may have fever, chills, headache, dry cough and muscle aches and may be sick for several days to a week or more. Most people recover completely. However, for some people flu may be especially severe and pneumonia or other complications including death may occur, hence why vaccination against seasonal flu is recommended. **Seasonal Flu is NOT Pandemic Influenza A/H1N1 ('Swine Flu')**

The Influenza (Seasonal Flu) Vaccine

Influenza vaccine is made from killed strains of the viruses predicted to be the main causes of influenza in the coming season. Because the viruses are killed, it is impossible to get influenza from the injectable vaccine.

As with any vaccine, the seasonal flu vaccine may not protect 100% of all susceptible individuals. It does not protect against the current pandemic influenza A/H1N1 ('swine flu') virus; a vaccine against the latter is not currently commercially available.

International SOS use:

- Vaxigrip vaccine by Aventis Pasteur
- Fluarix vaccine by GSK.

A/Brisbane/59/2007 (H1N1) –like virus
A/Brisbane/10/2007 (H3N2) –like virus
B/Brisbane/60/2008-like virus

This vaccine has been authorized by US FDA and approved for use in the People's Republic of China.

Risks & Possible Side Effects of the Vaccine

The most common side effect from influenza vaccine is redness, pain, swelling at the vaccination site that can last up to two days. Some people may have mild fever or feel tired for a day or two after receiving the influenza vaccine.

The only people who should not receive influenza vaccine are those who have had previous reactions to the vaccine or people who are allergic to eggs (the viruses used in the vaccine are grown in eggs) or egg products.

Persons with acute febrile illness usually should not be vaccinated until their symptoms have abated. However, minor illnesses with or without fever do not contraindicate the use of influenza vaccine.

As with any vaccine or drug, there is a possibility that an allergic or other serious reaction could occur. In addition, medical events completely unrelated to the vaccine may occur coincidentally following vaccination.

Informed Consent

I have read the above information about influenza and the influenza vaccine and I have had a chance to ask questions. I understand the benefits and risk of influenza vaccination and request that the vaccine be given to me or the person named below for whom I am authorized to sign.

Name of person to receive the vaccine	
Date of Birth	
Nationality	
Employee No.	
Department	
Job Title	
Allergic to	
Medication currently taking	
Signature of person receiving the vaccine or parent or guardian	

Injection Site	
Brand Name	
Regime	
Dose	
Dosage & Unit	
Vaccine Batch No.	
Chronic Disease	Yes / No

Injection given by:

Date and time: